

RECREATION DEPARTMENT ACTIVITY CALENDAR

OCTOBER 2020

~All Floors~

Markhaven Home for Seniors








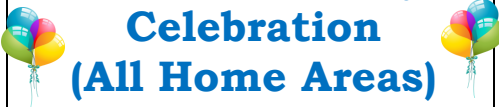





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>October Birthday's</p> <p>Rosemaria Z. (2nd) Theresamma E. (3rd) Hemwatti S. (8th) Elizabeth G. (11th) Ella C. (17th) Maria P. (27th) Hilda M. (29th)</p>	<p>Legend</p> <p>P= Paramount PW= Parkway TG= Too Good S= Springdale 1F= First Floor 2F= Second Floor All-All Floors</p>	<p>All scheduled programs on this calendar are subject to change.</p> <p>All scheduled programs are implemented around garden/video/indoor visit times.</p> <p>Garden visits are weather permitting.</p>		<p>1.</p> <p><u>A.M.</u> Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)</p> <p><u>P.M.</u> Video Chats</p> <p>Discussion Group &/or 1 to 1 Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S)</p>	<p>2.</p> <p><u>A.M.</u> Indoor Visits</p> <p>Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)</p> <p><u>P.M.</u> Garden Visits (weather permitting)</p> <p>Sweet Treats &/or Memory Lane (PW) Musical Moments &/or Crosswords (S) Colouring &/or Sing Along (PM) Virtual Pet Therapy &/or Warm Hands (T)</p>	<p>3.</p> <p><u>A.M.</u> Indoor Visits</p> <p>Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM)</p> <p><u>P.M.</u> Garden Visits (weather permitting)</p> <p>Spas Day &/or 1 to 1 Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)</p>
<p>4.</p> <p><u>P.M.</u> Video Chats</p> <p>&</p> <p>Friendly Visits (All)</p>	<p>5.</p> <p><u>A.M.</u> Indoor Visits 2:00 to 4:00 Fall Leaves Bus Tour (Paramount resident's only) Exercise &/or 1 to 1 Visits (PW) Exercise &/or Arts & Crafts (T) Exercise &/or Warm Hands (S)</p> <p><u>P.M.</u> 2:00 to 4:00 Fall Leaves Bus Tour (Too Good resident's only) Garden Visits (weather permitting) Hymn Sing &/or Ipad therapy (PW) Travelogue &/or Colouring (S) Boogie Down &/or Warm Hands (PM)</p>	<p>6.</p> <p><u>A.M.</u> Video Chats</p> <p>Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM)</p> <p><u>P.M.</u> Video Chats</p> <p>Manicures &/or Travelogue (PW) Current Events &/or Travelogue (T) Crosswords &/or Sing Along (S) Virtual Pet Therapy &/or Pictionary (PM)</p>	<p>7.</p> <p><u>A.M.</u> Indoor Visits 2:00 to 4:00 Fall Leaves Bus Tour (Springdale resident's only) Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Trivia (PM)</p> <p><u>P.M.</u> Garden Visits (weather permitting) 2:00 to 4:00 Fall Leaves Bus Tour (Parkway resident's only) Tea Social &/or Pictionary (S) Manicures &/or Arts & Crafts (PM) Musical Moments &/or Tea Social (T)</p>	<p>8.</p> <p><u>A.M.</u> Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)</p> <p><u>P.M.</u> Video Chats</p> <p>Discussion Group &/or 1 to 1 Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S) Travelogue &/or Activity Cart (PM)</p>	<p>9.</p> <p><u>A.M.</u> Indoor Visits</p> <p>Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)</p> <p><u>P.M.</u> Garden Visits (weather permitting)</p> <p>Thanksgiving Gatherings with Sweet Treats (All Home areas)</p>	<p>10.</p> <p><u>A.M.</u> Indoor Visits</p> <p>Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM)</p> <p><u>P.M.</u> Garden Visits (weather permitting)</p> <p>Spas Day &/or 1:1 visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)</p>

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~All Floors~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11. P.M. Video Chats & Friendly Visits (All)	12. A.M. Indoor Visits Exercise &/or I to I Visits (PW) Exercise &/or Arts& Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM) P.M. Garden Visits (weather permitting) Hymn Sing &/or Ipad therapy (PW) Travelogue &/or Colouring (S) Boogie Down &/or Warm Hands (PM) Art Workshop &/or Warm Hands (T)	13. A.M. Video Chats Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM) P.M. Video Chats  Oktoberfest Celebrations (All Home Areas)	14. A.M. Indoor Visits Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM) P.M. Garden Visits (weather permitting) Ipad Therapy &/or You be the Judge (PW) Tea Social &/or Pictionary (S) Manicures &/or Arts & Crafts (PM) Musical Moments &/or Tea Social (T)	15. I LOVE LUCY DAY! A.M. Video Chats Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)  P.M. Video Chats  I Love Lucy Day!! (All Home areas)	16. A.M. Indoor Visits Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM) P.M. Garden Visits (weather permitting) Sweet Treats &/or Memory Lane (PW) Musical Moments &/or Crosswords (S) Colouring &/or Sing Along (PM) Virtual Pet Therapy &/or Warm Hands (T)	17. A.M. Indoor Visits Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM) P.M. Garden Visits (weather permitting) Spas Day &/or I to I Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)
18. P.M. Video Chats & Friendly Visits (All)	19. A.M. Indoor Visits Exercise &/or I to I Visits (PW) Exercise &/or Arts& Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM) P.M. Garden Visits (weather permitting) Hymn Sing &/or Ipad therapy (PW) Travelogue &/or Colouring (S) Boogie Down &/or Warm Hands (PM) Art Workshop &/or Warm Hands (T)	20.  A.M. Video Chats Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM) P.M. Video Chats Apple Harvest Day! (All Home areas) 	21. A.M. Indoor Visits Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM) P.M. Garden Visits (weather permitting) Ipad Therapy &/or You be the Judge (PW) Tea Social &/or Pictionary (S) Manicures &/or Arts & Crafts (PM) Musical Moments &/or Tea Social (T)	22. A.M. Video Chats Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM) P.M. Video Chats Discussion Group &/or I to I Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S) Travelogue &/or Activity Cart (PM)	23. A.M. Indoor Visits Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM) P.M. Garden Visits (weather permitting) Pumpkin spice and everything nice day! (All Home Areas)  	24. A.M. Indoor Visits Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM) P.M. Garden Visits (weather permitting) Spas Day &/or I to I Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)
25. P.M. Video Chats & Friendly Visits (All)	26. A.M. Indoor Visits Exercise &/or I to I Visits (PW) Exercise &/or Arts& Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM) P.M. Garden Visits (weather permitting) Hymn Sing &/or Ipad therapy (PW) Travelogue &/or Colouring (S) Boogie Down &/or Warm Hands (PM) Art Workshop &/or Warm Hands (T)	27. A.M. Video Chats Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM) P.M. Video Chats  October Birthday's Celebration (All Home Areas)	28. A.M. Indoor Visits Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM) P.M. Garden Visits (weather permitting) Ipad Therapy &/or You be the Judge (PW) Tea Social &/or Pictionary (S) Manicures &/or Arts & Crafts (PM) Musical Moments &/or Tea Social (T)	29. A.M. Video Chats Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM) P.M. Video Chats Discussion Group &/or I to I Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S) Travelogue &/or Activity Cart (PM)	30. A.M. Indoor Visits Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)  P.M. Halloween Party!!  	31. A.M. Indoor Visits Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM) P.M. Garden Visits Spas Day &/or I to I Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)