X	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Physical Programs Spiritual Programs Intellectual Programs Emotional Programs Social Programs Programs are	S Television Room (TV)	w/Meditation Music (AR) 3:00 Blessed Frederic Ozanan Service (Neely)	10:00 Markhaven reminiscing w/Music and Painting Fall Theme (Neely) 3:15 Residents' Choice (DR)	9:45 Seated Tai Chi (TV)  10:45 Sing Along(AR)  2:30 2 <sup>nd</sup> Floor Jeopardy Game (Neely)	10:30 X-Ray Magician and Illusionist Performance (Neely)	9:45 1:1 Friendly Visit  10:30 Chapel Service (Neely) 1:00 Chaplain Visits 2:15 Alphabet Challenge (AR) 3:15 Ball Toss (AR)
	10:45 Ring Toss (AR) 2:15 Vintage Autumn Songs Sing along (TV) 3:15 Glamour Hours (AR)	9:45 Seated Gentle Exercise (TV)		10:00 Markhaven reminiscing w/Music and Painting Remembrance Theme (Neely) 2:15 Montessori (DR) 3:15 Ice Cream Parlor	9:45 Chair Yoga (TV) 10:45 Spiritual Reading (TV) 2:30 Markhaven Makes Poppies (Neely)	9:45 Seated Exercise (TV)  10:30 Remembrance Day Service (Neely)  2:30 Musical Performance with The Sparklettes (Neely)	9:45 One-To-One Visits  10:30 Word Games (DR)  2:15 Balloon Badminton (AR) 2:45 Chaplain Visits  3:15 Warm Hands (AR)
	10:45 Sing-A-Long (TV) 2:15 Table Games (AR) 3:15 One-To-One Visits	9:45 Seated Gentle Exercise (TV) 10:30 Bible Study (Neely)	9:45 Seated Tai Chi (TV)  10:45 Gentle Touch w/Meditation Music (AR)	16 10:00 Markhaven reminiscing w/Music and Painting Harvest Theme (Neely) 2:30 Baking Cheese and Cranberry Cookies (AR)	9:45 Seated Exercise (TV)  10:45 Warm Hands  2:30 2 <sup>nd</sup> Floor Jeopardy Game (Neely)	9:45 Seated Exercise (TV) 10:45 Spiritual Reading (TV) 2:30 Board Games (AR)	9:45 1:1 Friendly Visit 10:30 Chapel Service (Neely) 2:15 Travelogue and Trivia (TV) 3:15 Ball Toss (TV)
	and Discussion (AR) 10:45 Ring Toss (AR) 2:15 Vintage Autumn Songs Sing along (TV) 3:15 Glamour Hours (AR)	11:20 Chaplain Visits 2:30 Celebrating November Birthdays with Jay Vasquez (Neely)	9:45 Seated Exercise 10:45 Build a Word (AR) 2:15 TV and Movie Trivia (AR)	10:00 Markhaven reminiscing w/Music and Painting Ornament Making Theme (Neely) 2:15 Montessori (DR) 3:15 Ice Cream Parlor	9:45 Chair Yoga (TV)  10:45 Spiritual Reading (TV)  2:30 Afternoon at the Movies (Neely)	9:45 Seated Exercise (TV) 10:45 1:1 Warm Hands 12:00 Order In Fish and Chips Lunch (Sign up required) 2:30 Holiday Tree Decorating	9:45 Seated Exercise (TV)  10:30 Chapel Service (Neely)  2:30 Categories: Where Do These Belong (AR)  3:30 One-To-One Visits
	9:45 Daily Bread Reading and Discussion (AR) 10:45 Sing-A-Long (TV) 2:15 Ball Toss 3:00 Bethel Prayer Fellowship Service	9:45 Seated Gentle Exercise (TV) 10:30 Bible Study (Neely)	9:45 Seated Tai Chi (TV) 10:45 Gentle Touch w/Meditation Music (AR) 1:00 Resident Council Meeting (Neely) 2:30 Markhaven Board Games (Neely)	10:00 Markhaven reminiscing w/Music and Painting Christmas Tree Painting Theme (Neely) 2:15 Blast From the Past! (TV) 3:15 Montessori (DR)		ember 2 South- Springdale	2022

Recreation staff: Ran/ Carol Manager: Amy