





September 2021

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

SEPTMBER 21 is
World Alzheimer's Day

Join us on
Tues Sept 21st 11:00am to 2:00pm
for a coffee and treats.
All proceeds going to the
Alzheimer's Society of
York Region.

Get your Alzheimer's
awareness ribbon at
the front desk from
Sept 15th to Sept 21st
All sales from the ribbons
will be donated to the
Alzheimer's Society of
York Region.

September Special Events

Corn Roast

September 8th 2:30pm

Live Music by Art Lajambe



Order in Swiss Chalet

September 15th 12:00pm

If you would like to sign your loved
one up please contact
Lindsay Bailey ext. 3309.



Ice Cream Truck - Wed Sept 22nd

1:30pm in the front parking lot! Hope to see you there!



Live Entertainment

All units to attend in the Neely Auditorium at **2:30pm**



Sept 3rd Featuring: Deidrey Francois

Sept 7th - Featuring: Emilio Zarris

Sept 10th- Featuring: Deidrey Francois

Sept 14th- Featuring: Emilio Zarris

Sept 17th- Featuring: Deidrey Francois

Sept 21st - Featuring: Emilio Zarris

Sept 24th - Featuring: Deidrey Francois

Sept 28th- Featuring: Emilio Zarris



Every Scar Has A Story

Every scar has a story.
What will mine tell?
What will come of this
when I'm better, when I'm well?

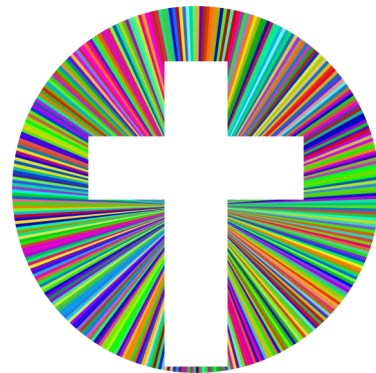
I want my scar to tell
of how I've overcome,
of how I made it through,
of where I have come from.
I want my scar to whisper
about the pain I faced,
about this very hard time,
about the marathon I raced.

But mostly I want my scar
to speak of something greater
I want it to shout
about my living Creator.
Let my scar be evidence
that there is a loving Lord
who fought my scary battles
and on whose wings I soared.

Let my scar proclaim
that all things work for good,
that by myself I couldn't
but with my God I could.
Let them take a look.
Let them peek and see.
My scar shows God is great.
It points to Him, not me.

By "Kristina M. DeCarlo"

Rev. Dwnette Dickson



Prime Line– 905-294-2233

To reach any manager dial
the appropriate extension.

Executive Director:	Mike Bakewell	mike.bakewell@markhaven.ca	ext. 3304
Director of Care:	Kevin McKay	kevin.mckay@markhaven.ca	ext. 3303
Recreation Manager:	Lindsay Bailey	lindsay.bailey@markhaven.ca	ext.3309
Chaplain:	Rev. Dwnette Dickson	chaplain@markhaven.ca	ext. 3404
Food Services Manager	Aishwarya D'Souza	aishwarya.dsouza@markhaven.ca	ext. 3307
Resident Services Coordinator:	Kesang Deki	kesang.deki@markhaven.ca	ext. 3308
Environmental Services Manager:	Ian Trotter	ian.trotter@markhaven.ca	ext. 3305
Director, Fundraising & Volunteers:	Laurie McClelland	laurie.mcclelland@markhaven.ca	ext. 3401
Human Resources Manager:	Andrea Firth	andrea.firth@markhaven.ca	ext. 3301
Administrative Nursing Coordinator:	Deirdre Willems	deirdre.willems@markhaven.ca	ext. 3300

Family Council

World Alzheimer's Day is September 21.



This year, the focus is on dementia - "together we can ensure no one faces dementia alone".

World Alzheimer's Day, September 21st of each year, is a day on which Alzheimer's organizations around the world concentrate their efforts on raising awareness about Alzheimer's and dementia.

The impact grows larger each year. There is still a lot of work to be done around the issues that affect people living with dementia, such as stigmatization and misinformation, delays and difficulties with diagnosis and subsequent access to post diagnostic support.

"Dementia" describes a group of symptoms that are caused by brain disorders. There are many kinds of dementia, some quite rare.

- worldwide there are more than 44 million people living with dementia
- about 800,000 Canadians are living with dementia
- 10% of people diagnosed with dementia are under the age of 65
- about 80% of dementia cases are diagnosed as Alzheimer's disease
- every 65 seconds, someone develops Alzheimer's disease

McGill University has been commissioned by [Alzheimer's Disease International](#) (ADI) to deliver the next two editions of the World Alzheimer Report on the crucial and inter-related topics of Diagnosis (2021) and Post-Diagnostic Support (2022).

This initiative will be overseen by the [McGill University Research Centre in Studies in Aging](#) and the [McGill Faculty of Medicine and Health Sciences](#), specifically the [Division of Geriatric Medicine](#) and the [Dementia Education Program](#), supported by the Office of Education Technology and Online Learning at the Steinberg Centre for Simulation and Interactive Learning. Together, they are leading complementary initiatives devoted to prevention, diagnostics, management, education, knowledge dissemination and support for care partners.

- ✚ **Markhaven Family Council** is a volunteer support group for residents and families and is made up of current and former family members and friends of Markhaven residents. Everyone is encouraged to be involved. All long-term care facilities are mandated to have a Family Council. Meetings are held virtually because of COVID.

To receive a copy of the Minutes of the most recent Family Council meeting on August 18th, please contact markhavenfamilycouncil@gmail.com or a Committee member.

Chair – Margaret Calver mwcalver@gmail.com

Vice Chair – Shane Taylor shanetaylor18@gmail.com

Treasurer – Narinder Kainth midwifelily84@gmail.com

Secretary – Linda McLean logicalperception@bellnet.ca

The next Family Council meeting will be September 22nd.