











| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|--|
|  | | 9:15 Calendar Visit 10:30 Markham Yoga (Neely) 2:30 Sensory Stimulation (AR) 6:30 Sing-A-long to Some of Your Favorite Oldies (Neely) | 10:30 BINGO! (Neely)  2:30 Blessed Frederic Ozanan Catholic Mass (Neely) <small>Rosh Hashanah Begins</small> | 1:00 1:1 Visits (RR) 1:30 Indoor Strolls (Hallway) 2:30 Physical Games (AR) 6:30 Physical Games (Neely) | 10:30 Aromatherapy (AR) 11:00 Warm Hands (AR) 2:30 Piano Hymn Sing Worship w/Pricilla (Neely)  | 10:30 St. Andrew Choir (Neely)  2:30 Aromatherapy (TV) 3:30 Warm Hands (AR) |
| 10:30 Hymn Singing (AR) 2:30 Music for Seniors Performance (Neely)  | 6 10:30 Music and Movement (AR) 11:00 Categorizing Things (AR) 2:30 BINGO! (Neely)  | 7 10:30 Communion (Neely) 8 2:30 Halloween Brownies with 1N Friends (1N) 6:30 Wine and Cheese with Entertainment (Neely) | 9 10:30 BINGO! (Neely)  1:30pm – 3:30pm Outing: Fall Colors Music Throughout the day! | 10 1:00 Stroll and Explore (Hallway) 1:30 Daily Bread Reading (RR) 2:30 Light Show and Aromatherapy (Sunroom) 6:30 Thanksgiving Arts (Neely) | 11 8:30 Breakfast Club (Dining Room) 10:30 Exercise Club (AR) 11:00 Reminiscing Memories (AR) 2:30 Friday Movie Matinee – Hocus Pocus part 1 (Neely)  <small>Yom Kippur Begins</small> | 12 10:30 Words in Word (Neely) 2:30 Outdoor Strolls (Opportunities outdoors)  |
| 13 10:30 Live Stream Chapel Service from Markham Baptist Church (AR) 2:30 Thanksgiving Discussion about what are we thankful for this year? Pass memories of Thanksgiving. (AR) | 14 10:30 Gentle Stretch and Relaxation (AR) 11:00 Spiritual Daily Bread Reading and Discussion (AR) 2:30 Thanksgiving 70's Show with Daniel (Neely) <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small> | 15 10:30 Exercise Club (AR) 11:00 1:1 Activities (RR) 2:30 Markham Yoga (Neely) 6:30 YouTube Comedy Classic – Golden Girls (Neely) | 16 10:30 Entertainment with Emilio (Neely) 2:30 Men's Club (Neely)  <small>Sukkot Begins</small> | 17 1:00 Friendly Visits (RR) 1:30 Reading Time (RR) 2:30 Arts and Crafts (AR) 6:30 Hymn Sing (Neely) | 18 10:30 Spiritual Gathering with Angeline and Polly (Neely) 2:30 Aromatherapy (TV) 3:30 Warm Hands (AR) | 19 10:30 Jeopardy (Neely)  2:30 Tea Social and Table Talk (AR) |
| 20 10:30 Hymn Singing (AR) 11:00 Spiritual Daily Bread Reading and Discussion (AR) 2:30 Outdoor Strolls (Outdoors) | 21 10:30 Exercise Time (AR) 11:00 Word games (AR) 12:00 Diner's Club: Pizza (Neely)  2:30 BINGO! (Neely)  | 22 10:30 Exercise Time (AR) 11:00 Matching Games (AR) 2:30 Food Committee and Resident Council (Neely) 2:30 Manicure (RR) 6:30 Drum Circle and Musical Quiz (Neely) | 23 10:00-15:00 Fashion Show  Music Throughout the day! | 24 10:30 Birthday Bash with Vivianna (Neely)  1:00 1:1 Visits (RR) 1:30 Virtual Reality (AR) 2:30 Ice-cream Cart (RR) 6:30 Bowling (Neely) <small>Simchat Torah Begins</small> | 25 10:00 Young at Heart Painting (Neely)  2:30 Bean Bag Toss (AR) 3:00 Ring Toss (AR) | 26 10:30 Words in Word (Neely) 2:30 Gazebo Gathering (Outdoor)  |
| 27 10:30 Pumpkin Latte Social (Neely) 2:15 Friendly Visits (RR) 3:00 Markham Bible Chapel (Neely)  | 28 10:30 Exercise Time (AR) 11:00 Spiritual Daily Bread Reading and Discussion (AR) 2:30 BINGO! (Neely)  | 29 10:30 Markham Yoga (Neely) 2:30 Table Talk and Discussion (Sunroom) 6:30 Games Night (Neely) | 30 10:30 BINGO! (Neely)  2:30 Expressive Arts and Craft Pumpkin Carving (Neely)  | 31 10:30 Halloween Party (Neely) 2:30 Trick or Treat and Resident and staff Costume Contest 6:30 Hocus Pocus part 2, Halloween Punch & Comedy (Neely) <small>Halloween</small> |  | |

Recreation Staff: Sukhpreet/ Mariyan (Outdoor strolls will be held based on Weather!)