








RECREATION DEPARTMENT ACTIVITY CALENDAR

NOVEMBER 2020

~All Floors~

Markhaven Home for Seniors



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1. Daylight Saving Time Ends</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p style="text-align: center;">&</p> <p style="text-align: center;">Friendly Visits (All)</p>	<p>2.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or 1 to 1 Visits (PW) Exercise &/or Arts & Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p style="text-align: center;">Cookies & Coffee Afternoon (All Floors)</p> 	<p>3.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Manicures &/or Travelogue (PW) Current Events &/or Travelogue (T) Crosswords &/or Sing Along (S) Virtual Pet Therapy &/or Pictionary (PM)</p>	<p>4.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p style="text-align: center;">Ice Cream Sundae Day! (All Floors)</p> 	<p>5.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Discussion Group &/or 1 to 1 Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S)</p>	<p>6.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Sweet Treats &/or Memory Lane (PW) Musical Moments &/or Crosswords (S) Colouring &/or Sing Along (PM) Virtual Pet Therapy &/or Warm Hands (T)</p>	<p>7.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Spas Day &/or 1 to 1 Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)</p>
<p>8.</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p style="text-align: center;">&</p> <p style="text-align: center;">Friendly Visits (All)</p>	<p>9.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or 1 to 1 Visits (PW) Exercise &/or Arts & Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Hymn Sing &/or Ipad therapy (PW) Travelogue &/or Colouring (S) Boogie Down &/or Warm Hands (PM) Art Workshop &/or Warm Hands (T)</p>	<p>10.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Manicures &/or Travelogue (PW) Current Events &/or Travelogue (T) Crosswords &/or Sing Along (S) Virtual Pet Therapy &/or Pictionary (PM)</p>	<p>11. Remembrance Day</p> <p style="text-align: center;"><u>A.M.</u></p>  <p style="text-align: center;">10:45am</p>  <p style="text-align: center;">Remembrance Day Ceremony</p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p style="text-align: center;">Remembrance Day Social (All Floors)</p>  <p style="text-align: center;"><i>We Remember</i></p>	<p>12.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Discussion Group &/or 1 to 1 Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S) Travelogue &/or Activity Cart (PM)</p>	<p>13.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Sweet Treats &/or Memory Lane (PW) Musical Moments &/or Crosswords (S) Colouring &/or Sing Along (PM) Virtual Pet Therapy &/or Warm Hands (T)</p>	<p>14.</p> <p style="text-align: center;"><u>A.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM)</p> <p style="text-align: center;"><u>P.M.</u></p> <p style="text-align: center;">Video Chats</p> <p>Spas Day &/or 1 to 1 Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15.</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>&</p> <p>Friendly Visits (All)</p>	<p>16.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or 1 to 1 Visits (PW) Exercise &/or Arts & Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Popcorn Day (All Floors)</p> 	<p>17.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Manicures &/or Travelogue (PW) Current Events &/or Travelogue (T) Crosswords &/or Sing Along (S) Virtual Pet Therapy &/or Pictionary (PM)</p>	<p>18.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Tim Horton's Day! (All Floors)</p> 	<p>19.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Discussion Group &/or 1 to 1 Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S) Travelogue &/or Activity Cart (PM)</p>	<p>20.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Sweet Treats &/or Memory Lane (PW) Musical Moments &/or Crosswords (S) Colouring &/or Sing Along (PM) Virtual Pet Therapy &/or Warm Hands (T)</p>	<p>21.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Spas Day &/or 1 to 1 Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)</p>
<p>22.</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>&</p> <p>Friendly Visits (All)</p>	<p>23.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or 1 to 1 Visits (PW) Exercise &/or Arts & Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Hymn Sing &/or Ipad therapy (PW) Travelogue &/or Colouring (S) Boogie Down &/or Warm Hands (PM) Art Workshop &/or Warm Hands (T)</p>	<p>24.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Memory Moments (PW) Exercise &/or Activity Cart (T) Exercise &/or Trivia (S) Exercise &/or Music Moments (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Manicures &/or Travelogue (PW) Current Events &/or Travelogue (T) Crosswords &/or Sing Along (S) Virtual Pet Therapy &/or Pictionary (PM)</p>	<p>25.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Warm Hands (T) Exercise &/or Manicures (S) Exercise &/or Trivia (PM)</p> <p>Resident Birthday Party (All Floors)</p> 	<p>26.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Sing Along (PW) Exercise &/or Trivia (T) Exercise &/or Warm Hands (S) Exercise &/or Crosswords (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Discussion Group &/or 1 to 1 Visits (PW) Ball Toss &/or Activities on the Go (T) Virtual Pet Therapy &/or Travelogue (S) Travelogue &/or Activity Cart (PM)</p>	<p>27.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Stories from the Heart (PW) Exercise &/or Pictionary (T) Exercise &/or Colouring (S) Exercise &/or Manicures (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Sweet Treats &/or Memory Lane (PW) Musical Moments &/or Crosswords (S) Colouring &/or Sing Along (PM) Virtual Pet Therapy &/or Warm Hands (T)</p>	<p>28.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or Weekly Devotional (PW) Exercise &/or Weekly Devotional (T) Exercise &/or Weekly Devotional (S) Exercise &/or Weekly Devotional (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Spas Day &/or 1 to 1 Visits (PW) Crosswords &/or Musical Moments (S) Crosswords &/or Activity Cart (PM) Trivia &/or Virtual Garden (T)</p>
<p>29.</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>&</p> <p>Friendly Visits (All)</p>	<p>30.</p> <p><u>A.M.</u></p> <p>Video Chats</p> <p>Exercise &/or 1 to 1 Visits (PW) Exercise &/or Arts & Crafts (T) Exercise &/or Warm Hands (S) Exercise &/or Memory Moments (PM)</p> <p><u>P.M.</u></p> <p>Video Chats</p> <p>Apple Cider Social (All Areas)</p> 	<p>I see... the turning of a leaf dancing in an autumn sun, and brilliant shades of crimson glowing when a day is done.</p> <p>Mollie Elliot</p> 		<p>November Birthday's</p>  <p>Lorna L. (3rd) Floretta J. (7th) Elaine H. (12th) Hans H. (17th) Hua Ying C. (20th) Patricia M. (28th) Zhihang S. (30th)</p> 	<p>Legend</p> <p>P= Paramount PW= Parkway TG= Too Good S= Springdale 1F= First Floor 2F= Second Floor All-All Floors</p>	<p>All scheduled programs on this calendar are subject to change.</p> <p>All scheduled programs are implemented around video chat times.</p>