



May 2021

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

May Special Events

May 5th- Cinco De Mayo Celebration

May 7th- Mother's Day Photo Shoot

Mother's Day Celebration-

YouTube Entertainment Deidrey Francois

May 21st- Happy Hour- YouTube Entertainment the Sparklettes

May 26th- Resident Birthday Party YouTube

Entertainment With Mark Kersey



Nurses Week - May 11th-17th

PSW Day - May 19th

Thank you to all our amazing Nursing and PSW staff!



You have hearts of gold!



You Make a Difference

Thank You for all you do!

An Angel Without Wings

(Ode to a Nurse)

You cared for the sick and Held many hands through the years. You laughed with some and with Others you cried real tears. You carried out orders from one too Many grumpy docs, all the while Glancing often at the clock. A nurse never knows what complication Each illness brings, but YOU did Your duties like "An angel without wings".

-gail gabriel, RN



Family Council

May is an important month for front-line staff recognition. The Family Council thanks Markhaven RPNs, RNs and PSWs!

Nursing Week: May 10-16, 2021: National Nursing Week annual celebrations take place the same week as Florence Nightingale's birthday, May 12. The theme this year is #WeAnswerTheCall. The pandemic brought to light the courage and commitment that nurses work under every day and showed the important role that nurses play in the community. "This global COVID-19 pandemic has shown the world the important role that nurses play in keeping people healthy across the lifespan" Annette Kennedy, ICN president.

PSW Day - May 19: On May 19, 2010, the province of Ontario celebrated its first ever Personal Support Worker Day. For residents in long term care, PSWs are integral in providing numerous services necessary to sustain these individuals. The services they provide are high in quality and create a level of dignity for the patient. PSWs are the heavy lifters in the health-care system: <https://personalsupportworkerhq.com/job-description/>

*** The Markhaven Family Council is a volunteer support group for residents and families and is made up of current and former family members and friends of Markhaven residents. Everyone is encouraged to be involved. All long-term care facilities are mandated to have a Family Council. Meetings are held virtually because of COVID.**

The Family Council had a very positive virtual meeting on April 15. Topics discussed, among others, were staff recognition and the banner displayed by Family Council to thank front-line staff, meaningful and interactive materials for residents, dental and optometrist services, DNR/CPR and food service.

To receive a copy of the Minutes of the April 15 meeting, please contact markhavenfamilycouncil@gmail.com or a Committee member.

The "Thank You" Banner from Family Council for front-line staff is displayed on the fence across the street from Markhaven. The banner unveiling is on the Markhaven Family Council Facebook page. There are videos of family members, pictures of staff and family members, as well as examples of previous support the Family Council has provided for residents and staff. Please have a look and Like us on Facebook.

Chair – Margaret Calver mwcalver@gmail.com

Vice Chair – Shane Taylor shanetaylor18@gmail.com

Treasurer – Narinder Kainth midwife_lily@hotmail.com

Secretary – Linda McLean logicalperception@bellnet.ca

The next FAMILY COUNCIL MEETING is Tuesday, May 11th at 7 PM, via zoom

God's Protection

Psalm 91

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
 2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.
 3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.
 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.
 5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;
 6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.
 7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.
 8 Only with thine eyes shalt thou behold and see the reward of the wicked.
 9 Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;
 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.
 11 For he shall give his angels charge over thee, to keep thee in all thy ways.
 12 They shall bear thee up in their hands, lest thou dash thy foot against a stone.
 13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.
 14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.
 15 He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.
 16 With long life will I satisfy him, and shew him my salvation.

Psalm 91 is a Psalm about God's protection for the people who put their trust in Him. In the times that we are living in today, it is important for each person to reflect on the relationship that they have with God and how He shows up in their everyday lives. To trust in His protection, one has to believe in His greatness, knowing that He is capable of protecting him/her in the time need. His love for us is unconditional and He promises that when we call upon Him, He will answer and will be with us in trouble, bless us and satisfy us with long life. Psalm 91 reminds us that God is our refuge and fortress (place of safety) that protects us and keep us safe from the dangers that may come our way.

As you go about your daily lives in the presence of God, see Him as your Protector and Comforter and lean on Him daily, for God has given His angels charge to keep you in all your ways. I pray that as you read this Psalm of protection, that you would receive comfort, courage and strength, knowing that God is with you every step of the way.

Rev. Dwnette Dickson

Prime Line– 905-294-2233

To reach any manager dial the appropriate extension.

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