

May Newsletter

Upcoming Events

May 5th - 10:30AM Cinco
De Mayo Celebration
(Neely)

May 8th to 14th - Nurse's
Week

May 9th - 2:30PM
Entertainment with Emilio
(Neely)

May 11th - Booster Clinic
(10-4)

May 11th - 2:30PM High
Tea Social (Neely)

May 14th - 10:30AM
Mother's Day Celebration
with Jay Vasquez (Neely)

May 17th - 12:00 Diner's
Club (Neely)

May 19th - PSW Day

May 23rd - 2:30PM
Birthday Celebration with
Filipa Sousa (Neely)

May 24th - 10-4 Garden
Day

May 30th - Excursion to
Markville Mall (10:30AM
-2:30PM)

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Please see the
calendar for May
as we have some
very special
events such as
Entertainment, a
special Mother's
Day menu,
Nurses week, a
Mall Outing for
residents and
Cinco de Mayo.

Volunteer Appreciation

THANK YOU!

Our Volunteers

Thank you to our incredible volunteers! We were honoured to celebrate National Volunteer Week this past month. We are very grateful for the wonderful group of individuals who so kindly lend their time and skills to our Home and help us in our goal of providing the best service possible to our residents.

Our volunteers' friendly presence and smiling faces, and their kindness and compassion, brighten up each and every day and is something our residents look forward to. They enrich our residents' daily lives, and we appreciate each visit they make.

We also extend our thanks to those individuals who volunteer their time and skills to Markhaven from outside our facility, in our community. Whether it's fundraising, providing meals or treats, making beautiful items for our resident, or providing much-needed services, we are filled with gratitude.

Thank you to our volunteers from the bottom of our hearts! ♥

THANK YOU VOLUNTEERS!



Family Council

Celebrate in May!

- Celebrate National Nursing Week, May 8-14

The theme this year is **Our Nurses. Our Future**. This theme showcases the many roles that nurses play in a patient's health-care journey. The pandemic brought to light the courage and commitment that nurses work under every day and showed the important role that nurses play in the community.

- Celebrate Mother's Day, May 14

Happy Mother's Day!

- Celebrate PSW Day - May 19

On May 19, 2010, the province of Ontario celebrated its first ever Personal Support Worker Day. For residents in long term care, PSWs are integral in providing numerous services necessary to sustain these individuals. The services they provide are high in quality and create a level of dignity for the residents. PSWs are the heavy lifters in the health-care system: <https://personalsupportworkerhq.com/job-description/>

About Family Council:

Who Are We and Our Role

Family Council welcomes all family members and friends of current and former Markhaven residents. The best advocates for residents are their family members and friends.

The role of the Family Council is:

- support for residents and family members
- advocacy
- education
- problem-solving

The focus of the Family Council is on resident care and resident needs.

Meetings

We meet to discuss ways to improve the care and quality of life of Markhaven residents. Management personnel have recently been Guest Speakers.

We meet on Zoom. Everyone on the **Markhaven Family Council email list** receives meeting information, meeting minutes and the responses from Management to questions that result from the meetings.

The next Family Council meeting is Thursday, May 11, at 7 pm.
Everyone is welcome. Plan to be there.

John Webster, Director, Markhaven Inc Board and Markhaven Foundation Board, will be the Guest Speaker.

Come and meet a Board Director!

Contact markhavenfamilycouncil@gmail.com

Employee Recognition

Employee of the Month



We are please to recognize Ran as our Employee of the Month for April. Ran has consistently impressed us with her hard work, dedication, and compassion towards her colleagues and residents. She has gone above and beyond in the recreation department covering many of the activities on the various floors. Well done Ran!

Congratulations!



Congratulations to Jonathan Waddington who has accepted the new position as our HR Business Partner. Jonathan will be taking on a large part of our HR department with Alfred Ho, our Director of Finance who is looking after the financial side.

Maria Angels, who many of you already know as a part time housekeeper and most recently our daytime screener was the successful candidate for our Scheduling Coordinator.

We are very excited to add both Jonathan and Maria to the Administration team in their new roles.

Staff News



My name is Lola and I was born on February 21, 2023. I was gifted to Markhaven by my wonderful breeder and human mom who cared for me for the first 8 weeks of my life. I will be working as a therapy dog with my new best friend Champagne. We visit residents and staff and would love to meet the family members too. I have negotiated a fair salary of hugs, kisses and treats. Although I have a little disability with my back legs, I don't let that stop me from having fun and getting around. I am very sweet, loving, small but mighty. I am happiest when I am with people and my buddy Champagne and look forward to meeting everyone.

We are delighted to introduce you to Mary Leung. Mary is our new Spiritual Care Provider and comes to us with a Master of Divinity from Tyndale University. Please welcome Mary to our team.



My name is Mary Leung and I feel blessed to be part of the Markhaven family as Spiritual Care Provider. I was born in Hong Kong and grew up in Toronto. As a hobby, I enjoy reading, and doing arts and crafts. I am married to a wonderful husband and have a son. I look forward to walking with all of you through your unique journeys and navigate through this path with faith, hope, and love. Blessings to you all!

Puppy Adventures



Environmental Update



Jason and his team have been busy updating the library-and has now started on painting of the Resident rooms. We have come a long way, but much work is still needed to be completed. We appreciate your understanding and patience while we continue to work at updating our Home.

Kitchen's Corner

Get ready to celebrate two special occasions in May with our exclusive kitchen menu! In honor of Cinco de Mayo and Mother's Day, we have prepared a selection of delicious and festive dishes that are sure to delight your taste buds and make your celebrations extra special.



NURSE'S CORNER :

HAPPY NURSING WEEK

During the week of May 8th to May 12th, we are celebrating a week of activities to show our appreciation of recognition and to honor the contributions and sacrifices that nurses make to improve the health and wellbeing of individuals in our community.

BOOSTER CLINIC

WHEN: MAY 11TH, 2023

LOCATION: NEELY

TIME: 10AM - 4PM

Please fill forms and return to Marleys Shortte, Clinical Nurse Manager/IPAC Nurse at marleys.shortte@markhaven.ca or forms can be dropped off at her office on the 2nd Floor. Consent can also be given verbally by calling 905-201-3302 EXT.

Inside Markhaven RECREATION



DUCK HATCHING UPDATE!

In the beginning of the month of April we had been blessed in being given the opportunity to witness a cycle of life; as we wait patiently with excitement for our 9 duck eggs to hatch! We would like to give thanks to the family of Patricia Ward and her daughter Anne Ward for giving us this amazing opportunity! Please continue to tune in. The ducks eggs are located in the Neely.

Save the date its Garden Day



WHEN: WEDNESDAY MAY 24TH, 2023 - (10AM -4PM)

Dear family, friends and nature enthusiasts,

We are delighted to invite you to join us for Garden Day! Let's celebrate the beauty and tranquility of our green space by spending time outside, tending to our gardens, and appreciating the wonders of nature. Garden Day is the perfect opportunity to connect with others who share your love for the outdoors. So come along, bring a picnic, and let's enjoy a day filled with sunshine, fresh air, and the vibrant colors of nature.

We can't wait to see you there!

Program Highlights

Here are some programs and activities that are happening in our home!



Inside Markhaven RECREATION

ANNOUNCEMENT - UPCOMING EVENTS FOR THE MONTH OF JUNE

June 5th - Mural installment on Parkway

June 6th - Birthday Celebration (Neely) at 2:30PM

June 15th - Dollarstore Auction (Neely) at 2:30PM

June 16th - Entertainment with Emilio (Neely) at 2:30PM

June 18th - Father's Day Celebration with Carla Gonzalez (Neely) at 10:30AM

June 21st - Diner's Club (Neely) at 12:00PM

Student Volunteer Project

One of our student volunteer Angelina will be making Cake Pops with our residents for her internship project.

Cake Pop Making with Angelina

WHEN STARTS AT 2:30
TUESDAY, MAY
16TH

WHERE
IN THE NEELY
(FOR ALL UNITS)

come join to have some
fun making delicious
treats to eat and enjoy!!!



Excursion to Markville Mall



Come join us on a trip to the mall! Family & Friends are welcome to attend, you may also join us on the bus! Please sign up early as space is limited.

When: Tuesday May 30th

Time: 10:30AM - 2:30PM

Contact: John Sarcilla or Recreation for further information.

Happy Mother's Day Poem



A Mother's Love

A mother's love is like no other, It's pure,
selfless and true, A love that lasts a lifetime,
And sees us through and through.

From sleepless nights to scraped-up knees,
A mother's there to soothe and ease, With a
tender touch and a loving heart, She helps
us heal and make a fresh start.

So on this special day we say, Thank you for
all you've done, For being our guiding light,
And our rock to lean upon.

Happy Mother's Day, with love and grati-
tude, From the bottom of our hearts, We
cherish you, we honor you, And we vow to
do our part.

Phone Directory

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Home Area Nursing Stations
Parkway (1 North) ext. 4317
Paramount: (1 South) ext. 4310
Toogood (2 North) ext. 4318
Springdale (2 South) ext. 4312