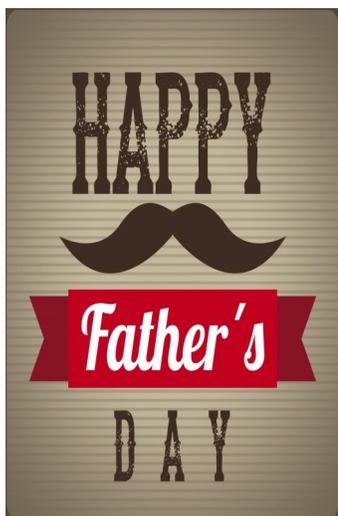


June 2016

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233



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**Office Hours**

The office will be open:  
8am - 4pm Monday to Friday

## Procedure for POA Emergency Contact Info

When our resident's POA's/Family members are going to be away on vacation please ensure you notify the admin office in advance of you leaving and during the hours the office is open by either letter or email to both of the following staff in our office at:

[Nurse.admin@markhaven.ca](mailto:Nurse.admin@markhaven.ca) AND [resident.services@markhaven.ca](mailto:resident.services@markhaven.ca) with the dates the POA will be leaving and the date the POA plans to return including the names and phone numbers of all alternate contacts Markhaven staff are to call in the POA/family absence.

The office staff will then email all departments with the emergency contact information the POA provided and then place the information in the resident's chart and this info will also be put in our office emergency contact binder. If the POA chooses to post a note in the resident's room that is up to each individual.

Thank you for your assistance!

Brenda Wilson  
Resident Service Co –Coordinator  
Markhaven Inc.

## Nursing Department Report

May has been a very exciting and productive month for the Nursing Department. The Nursing Department has been engaged in an ambitious organizational transformation strategy, positioning it to meet resident care needs- now and for the future. To promote the continuity of resident care and to support staff work life balance, in mid-June all PSWs will work 8 hour shifts. As well as, we now have our own casual pool which will enable us to provide consistent care to our residents.



## Chaplain's Corner



### *Chaplain's Corner June 2016*

Hi this is Chaplain Francis and first off I would like to thank all the residents, families and staff for a very warm welcome to the Markhaven Home for Seniors. I don't know about you but whenever I start a new job or move to a new place it is always a time of transition as I get to know my new surroundings. I find that I go through a range of emotions before I finally settle down into a new job or home.

As stated above, although I have felt most welcome by the Markhaven family, I have still felt in myself a certain amount of anxiety and fear because my surroundings are so new that it can be overwhelming. For example learning where everything thing is such as my office and even learning to work the photocopier. Of course there are the countless number of new people and the many names to remember. I have discovered that a certain amount anxiety and fear is part of any transition to a new place and that it is a very normal healthy way of being.

I have found that when I sense these emotions emerge from within me then I have to remind myself "to be" patient with myself "as I adjust to this new environment. I have spoken to many residents who have told me they went through a period of adjustment when they first moved to the Markhaven as they had learn their way around this big building. Not to mention adjusting to the many social activities, the staff and the other residents.

However I think the experience of transition on can be a very good teacher about the self because all of us have had to go through transition when we first moved to the Markhaven Seniors residence. This leads us to welcome all our new residents and families warmly because we understand what they are going through. We learn to welcome them because of the many people who welcomed us when we first arrived to the Markhaven. Furthermore, getting involved in activities at the Markhaven helps you adjust because it leads you to meet new people and in doing so becoming more familiar with your surroundings.

In closing I hope if any new resident is going through a period of transition as they adjust to their new surroundings that you would know your chaplain is here on Wednesday afternoons and all day Friday to be of any support for you. The way we work through transition is to be "patient with ourselves" and reach out to others for support. Only then does a new place start to become "home".

Chaplain Francis Welch  
905-294-2233 ext. 3404



# Program Department



## June Activities!

**Outing to Swiss Chalet**  
**When:** June 6th  
**Time:** 11:00 am-2:00pm

**Exotic Animals**  
**When:** June 10th  
**Time:** 2:30 pm  
**Where:** Neely Auditorium

**Resident and Family BBQ**  
**When:** June 11th  
**Time:** 12:00-2:00pm  
**Where:** Front Parking Lot

**Strawberry Shortcake**  
**When:** June 13th  
**Time:** 10:30 am  
**Where:** Neely Auditorium

**Father's Day Celebration**  
**When:** June 17th  
**Time:** 2:30 pm  
**Where:** Neely Auditorium

**Chair Yoga**  
**When:** June 20th  
**Time:** 10:30 am  
**Where:** 2NAR

**Residents Birthday Party**  
**When:** June 29th  
**Time:** 2:30 pm  
**Where:** Neely Auditorium

## July Activities!

**Canada day celebration**  
**When:** July 1st  
**Time:** 10:30 am  
**Where:** Neely Auditorium

**Short story with Adel**  
**When:** July 9th  
**Time:** 2:30 pm  
**Where:** 2North and 2South

**Exotic Animals**  
**When:** July 15th  
**Time:** 2:30 pm  
**Where:** Neely Auditorium

**Residents Birthday Party**  
**When:** July 27th  
**Time:** 2:30 pm  
**Where:** Neely Auditorium

**Note:**  
**For further information on upcoming scheduled activities and special events, please visit Markhaven's website under "Markhaven Services".**  
**In addition, our monthly activity calendars are posted on the bulletin board in each unit and activity rooms. Additional communications are posted in the elevators and the main floor North East corridor.**

**Thank you.**

## Management Team

To reach any manager, please call 905-294-2233 and then the appropriate extension.

<b>Interim Executive Director</b> Mike Bakewell Mike.bakewell@markhaven.ca	ext.3304
<b>Director of Care:</b> Lorna Campbell Lorna.campbell@markhaven.ca	ext. 3303
<b>Director of Program Services:</b> Rasheeda Headley Rasheeda.headley@markhaven.ca	ext. 3409
<b>Chaplain:</b> Francis Welch chaplain@markhaven.ca	ext. 3404
<b>Director of Support Services:</b> Arjun Sathyaseelan arjun.sathyaseelan@markhaven.ca	ext. 3307
<b>Resident Services Coordinator:</b> Brenda Wilson resident.services@markhaven.ca	ext. 3308
<b>Maintenance Manager:</b> Stephen Lowe maintenance@markhaven.ca	ext. 3305
<b>Manager of Fundraising &amp; Volunteers:</b> Laurie McClelland laurie.mcclelland@markhaven.ca	ext. 3401
<b>Administrative Nursing Coordinator:</b> Connie McKay nurse.admin@markhaven.ca	ext. 3300

## Naming Markhaven's Resident Home Areas

In an effort to build on the character of the home and add a unique identity to each resident home area (RHA), Markhaven will be seeking input from residents, family, and staff in naming each of the 4 RHA's.

Everyone involved in Markhaven are invited to fill out a ballot for a particular RHA that will have a list of suggested names. These recommendations will pay homage to areas or landmarks in the greater Markham region, while providing residents with an opportunity to reminisce the days they spent growing up or living in the community. Voters will also be able to enter their own "other" suggestion on the ballot.

The ballots and the ballot box will be located at the Reception Desk for the summer of 2016. Once the votes are cast, Markhaven's Leadership Team will select the four names from the input received.

## Snoezelen workshop

Two Snoezelen workshops were held in May. If you were unable to attend, and would like to attend at another time, please contact Marg. Calver at [mwcalver@gmail.com](mailto:mwcalver@gmail.com).

The Family Council is committed to working collaboratively with the management and staff in order to maintain and improve the care and quality of life of our loved ones. For further information about the Family Council, please contact Marg.