

#### **Upcoming Events**

June 6th - Birthday Celebration with Greg Noguera at 10:30AM (Neely)

June 14th - Diner's Club at 12:00PM (Neely)

June 15th - Dollarstore Auction at 2:30PM (Neely)

June 16th - Entertainment with Emilio at 2:30PM (Neely)

June 18th - Father's Day Celebration with Carla Gonzalez at 10:30AM (Nelly)

June 21st - Markhaven Art Show at 10AM (Neely)

June 27th - Wine & Cheese Social at 2:30PM (Neely)



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& Directory

Markhaven Home for Seniors 54 Parkway Ave, Markham, ON L3P 2G4

Tel: 905-294-2233







#### EXECUTIVE DIRECTOR REPORT

We have had a busy month with many celebrations.

Our nurses were recognized all week with special events, including trivia questions, entertainment, gifts, breakfast, pizza lunch, candy bar, an ice cream truck, and a BBQ to end our nurse's week celebrations. I would also like to thank Family Council for their visit and recognition for our amazing nurses with treat bags.

We celebrated our PSW's on Friday May 19th with a fun Zumba class, patties and coco bread and a visit with treats from Family Council

Our residents enjoyed visits from Lola, cake pop making, flower arranging, entertainment, Cinco de Mayo, Mother's Day and so much more.

We have started with the painting of resident rooms and will continue with the upgrades around the home.

On May 24th we had our annual planting day with many colourful flowers for all to enjoy. We also had a BBQ lunch for all volunteers who helped with the planting.

Jason, our Environmental Services Manager has been looking into an irrigation system that will be installed shortly and will help with the watering of all our beautiful plants and flowers outside.

We continue to recruit staff for various positions and are happy to inform everyone that we have hired 4 new psw's who have been awesome at picking up shifts, allow us to fill holes in the schedule that otherwise would have been passed on to agency staff.

#### Markhaven Family Council

- June 2023 Newsletter -

#### Markhaven Family Council Contact Info:

markhavenfamilycouncil@gmail.com







#### WHO ARE WE?

Family Council welcomes all family members and friends of current and former Markhaven residents. The best advocates for residents are their family members and friends.

#### WHAT DO WE DO?

The role of the Family Council is to:
- support residents and family members

- provide advocacy
- provide education
- provide ways to problem-solve

The focus of the Family Council is on resident care and resident needs.

Everyone on the Family Council email list receives important information about LTC in the media, current Ministry updates and all communication sent out by the Markhaven office. Attendance at meetings is strongly recommended, but not required to be on the Family Council email list.

#### **FAMILY COUNCIL EXECUTIVE**

Marg Calver – Chair mwcalver@gmail.com

Shane Taylor - Vice Chair shanetaylor18@gmail.com

Treasurer – CURRENTLY VACANT
Interested? Email Us! markhavenfamilycouncil@gmail.com

Linda McLean – Secretary logicallinda50@gmail.com

#### June is Seniors Month!

The Family Council wishes to extend a very special Seniors Month greeting and best wishes to all our beloved seniors.



#### Family Councils Week June 3rd to 9th, 2023

Family Councils Week began as a one-day event in 2010. The purpose was to celebrate and

raise awareness of the large contributions Family Councils make to the health care system in

Ontario. Since then, it has grown to a week-long celebration of the work and advocacy of Family Councils across Ontario.

From Family Councils Ontario the role of the Family Council is to:
- provide support for residents and family members

- resident advocacy
  - education
- problem-solving

The focus of the Family Council is on resident care and resident needs. This year, the provincial theme for Family Councils Week is:

"It Starts With Us: Family Councils as Changemakers."

We invite you to spend this week learning more about how Family Councils are working to improve the quality of life and care in longterm care.

#### Staff Appreciation

The Family Council presented gifts to all Markhaven RPNs and RNs on May 11, in recognition of Nursing Week.

On **PSW Day**, May 19, all Markhaven PSWs received a gift from The Family Council.

Thank you, Front-Line Staff!

#### Special Guest Speaker

The Family Council held a virtual meeting on May 11. The guest speaker was John Webster, Director, Markhaven Inc Board and Markhaven Foundation Board. To obtain a copy of the recording, please email us!

#### **Next Meeting**

The next Family Council meeting will be June 22 Via ZOOM. The Guest Speaker will be John Sarcilla, Recreation Manager. John will share his role, responsibilities, and vision for Markhaven residents. John will also be answering your questions.

### Volunteer Appreciation

#### Volunteer Spotlight





#### **GARDEN DAY**

We extend our deepest appreciation and heartfelt thanks to all the incredible volunteers who dedicated their time and effort to make our Garden Day a resounding success. Your unwavering support, enthusiasm, and hard work were instrumental in transforming our garden into a thriving oasis. Your commitment to preserving and beautifying Markhaven is truly inspiring, and we are grateful for the positive impact you have made. Your contribution has not only enhanced the aesthetics of our surroundings but also brought joy and tranquility to all who visit. Thank you for your invaluable assistance in making Garden Day such a for being an essential part of our Markhaven Community.



We want to express our sincerest gratitude to Linda and her team at Global Aerospace, who generously gave their time and energy to support our Garden Day. Your team's selfless contributions have made a positive impact and helped us create a beauiful green space. Your dedication and kindness inspire us, and we are truly grateful for your invaluable support.

We are grateful for Angelina, a dedicated student volunteer in our recreation department, whose specialization in baking, specifically making cakepops with our residents, has brought immense joy. Her creativity, patience, and attention to detail have resulted in beautifully crafted treats, enhancing the experience for all. We extend our deepest gratitude for Angelina's unwavering commitment and passion, which have greatly contributed to the success of our program.

#### **GARDEN DAY HIGHLIGHT**



# Nursing Update

## <u>Director of Care</u> <u>Update</u>

Hello Markhaven Family!

Just a reminder that we must follow the LTCHA around medication, which states;

- "Every licensee of a long-term care home shall ensure that no drug is acquired, received or stored in the home or kept by a resident under subsection 131 (7) unless the drug,
- (a) Has been prescribed for a resident or obtained for the purposes of the emergency drug supply referred to in section 123: and
  - (b) Has been provided by, or through and arrangement made by, the pharmacy service provider or the Government of Ontario
- Subsection (1) does not apply when exceptional circumstances exist such that a drug prescribed for a resident cannot be provided by, or through an arrangement made by, the pharmacy service provider.

This means that purchasing and providing medication for a resident is permitted following the above guidelines.

#### **Dentistry Update**



THE DENTIST IS RETURNING!

ON-SITE DENTAL DIRECT will be at Markhaven

On Tues., June 20th, 2023

Please call the office directly to book an appointment at: 437-887-1134 or email us at: admin@onsitedentaldirect.com



#### Inside Markhaven



## HIGHLIGHTS

In honor of Nursing Week, we wanted to extend our heartfelt thanks for your unwavering dedication and extraordinary contributions. Your compassion, expertise, and selflessness are an inspiration to us all. We are grateful for the exceptional care you provide and the impact you make in the lives of others every single day.



#### **Nursing Week Event Photos**





#### Inside Markhaven



## HIGHLIGHTS

In honor of Mental Health Awareness Week & PSW Day.



#### **Lola's Visit**

Lola's visits has tremendous success, bringing joy and laughter to everyone she encounter. Her presence of high energy, playfulness and cuteness brightens the atmosphere and lifts the spirits of those they interacted with.







#### Inside Markhaven

### HAPPY ANNIVERSARY



## Inside Markhaven RECREATION

#### <u> High Tea Social</u>

The high tea social was a delightful occasion filled with delicious treats, wonderful friends and classical music.



#### Bible Study

It has been an amazing addition to have
Mary, our Spiritual Care Provider, be part of
our team as she continues to make an
impact on residents' spiritual journey. She
has facilitated Bible study groups as well as
one-on-one sessions





#### Program Highlights

The recreation program this month offered a variety of engaging activities that catered to diverse interests, fostering a sense of community and enjoyment among participants.

From art club to outdoor excursions, entertainment and other group activity.



# Inside Markhaven RECREATION

## ANNOUNCEMENT - UPCOMING EVENTS FOR THE MONTH OF JULY

July 1st - Canada Day Celebration with Rosita Stone at 10;30AM (Neely)

July 4th - Entertainment with Emilio at 2:30 (Neely)

July 12th - Diner's Club at 12:00PM (Neely)

July 17th - Birthday Celebration with Kelly Davies at 2:30PM (Neely)

July 26th - Wine and Cheese Social at 2:30PM (Neely)

#### Angelina's Cakepop Program

Our resident enjoyed creating their own cakepops and eating it too!



#### Excursion to Markville Mall

Our resident's had enjoyed our excursion to Markville Mall as they went shopping and had lunch at the food court.



## **Father's Day Poem** Gracious God, on this Father's Day we're especially thankful for the fathers and father figures in our lives. Hold them in your good care. Give them patience, wisdom and strength, that through them their families may experience your unconditional love. Bless those who long to be fathers and those for whom this day is difficult. Amen.

#### **Phone Directory**

Executive Director: Janice Pitts janice.pitts@markhaven.ca	ext. 3304
Director of Care: Esther Spencer esther.spencer@markhaven.ca	ext. 3303
Environmental Services Manager: Jason Ramoutar jason.ramoutar@markhaven.ca	ext. 3305
Food Services Manager Kristina Grant kristina.grant@markhaven.ca	ext. 3307
Resident Services Coordinator: Christine Mills christine.mills@markhaven.ca	ext. 3308
HR Business Partner Jonathan Waddington JWaddington@markhaven.ca	ext. 3301
Director, Fundraising & Volunteers: Laurie McClelland laurie.mcclelland@markhaven.ca	ext. 3401
Chaplain: mary.leung@markhaven.ca	ext. 3404
Recreation Manager: John Sarcilla john.sarcilla@markhaven.ca recreation@markhaven.ca	ext 3309
Home Area Nursing Stations Parkway (1 North) Paramount: (1 South) Toogood (2 North) Springdale (2 South)	ext. 4317 ext. 4310 ext. 4318 ext. 4312