



# July Newsletter

## Upcoming Events

July 1st - Canada Day  
Celebration with Rosita Stone at  
10:30AM (Neely)

July 4th - Entertainment with  
Emilio at 10:30AM (Neely)

July 12th - Ice Cream Truck Day  
1:30 - 2:30PM (Front Parking  
Lot)

July 17th - Birthday Celebration  
with Kelly Davis at 2:30PM  
(Neely)

July 19th - Diner's Club: Fish &  
Chips 12:00PM (Neely)

July 26th - Wine and Cheese  
Social at 2:30PM (Neely)



## Inside this Issue

PAGE 2: ED'S CORNER  
PAGE 3: FAMILY COUNCIL  
PAGE 4: VOLUNTEER  
APPRECIATION  
PAGE 5: NURSING  
UPDATE  
PAGE 6: INSIDE  
MARKHAVEN  
PAGE 7: EMPLOYEE  
RECOGNITION  
PAGE 8 - 10: RECREATION  
UPDATE  
PAGE 11: DIRECTORY &  
SPIRITUAL READING

**Markhaven Home for Seniors**

**54 Parkway Ave, Markham, ON L3P 2G4**

**Tel: 905-294-2233**





# ED'S CORNER

## EXECUTIVE DIRECTOR REPORT



It is hard to believe that we are at the end of June already. I trust everyone has enjoyed some of the beautiful weather we have had.

As many of you know, we were blessed to have had the opportunity to observe 8 little duckling eggs hatch and the little guys get big....and very loud, quickly. Residents enjoyed this entire experience, and the ducklings enjoyed all the love and attention they received. They have now moved to the farm, and we thank Ann Ward for bringing the duck eggs to us and allowing us to participate in this very unique and fun experience.

Lola continues to bring so much joy to our residents. She does regular visits on each home area weekly. You can see the smiles on the faces of our residents when they see her.

Although we have started with the painting of resident rooms, we do ask for your patience as this is a very long process to get through. Every resident room will be painted, and we are doing the best we can to get this very large job completed.

Our irrigation system was installed this week and we are very happy to see it working to water the grounds.

We are happy to report that our agency usage had dropped considerably with the hiring of our 4 new psw's who between them have picked up an average of 80 shifts per month. We recently switched agencies and are working with one agency who provides us consistent staff so we can then provide continuity of care for our residents when agency usage is required. We continue to recruit staff for various positions.

Window cleaning is currently taking place around the building, so don't be alarmed if you see someone peeping in the window of your loved one. If you have been at Markhaven after dark, you may have noticed that there has been a change in the lighting. Jason has had 5 lighting posts repaired around the building. Interlocking around the building is also being repaired.

If you haven't had the chance to meet Mary Leung, she is in the building on Wednesdays and Fridays. Mary has been such a blessing to us in so many ways, providing spiritual care to our residents through bible studies, hymn sings and 1:1 visits. She would love the opportunity to meet family members so if you are in the building on the days that Mary is here, please make a point to introduce yourselves to her.

I wish you all a safe and happy summer.

# Markhaven Family Council

- July 2023 Newsletter -

**Markhaven Family Council Contact Info:**  
**markhavenfamilycouncil@gmail.com**



## WHO ARE WE?

Family Council welcomes all family members and friends of current and former Markhaven residents. The best advocates for residents are their family members and friends.

## WHAT DO WE DO?

The role of the Family Council is to:

- support residents and family members
- provide advocacy
- provide education
- provide ways to problem-solve

**The focus of the Family Council is on resident care and resident needs.**

Everyone on the Family Council email list receives important information about LTC in the media, current Ministry updates and all communication sent out by the Markhaven office. Attendance at meetings is strongly recommended, but not required to be on the Family Council email list.😊

## FAMILY COUNCIL EXECUTIVE

**Marg Calver – Chair**  
mwcalver@gmail.com

**Shane Taylor – Vice Chair**  
shanetaylor18@gmail.com

**Treasurer – CURRENTLY VACANT**  
Interested? Email Us! markhavenfamilycouncil@gmail.com

**Linda McLean – Secretary**  
logicallinda50@gmail.com

## Happy Canada Day!

Canada celebrates its  
156<sup>th</sup> Birthday  
on July 1<sup>st</sup>!



## Fun Facts about Canada!

- Economy: Canada has a fast-growing industrialized economy with a very high standard of living.
- Health: Free health care is a fundamental right in Canada.
- Education: Canada spends more money on the education of their citizens than any other country. The literacy rate is 99%.
- Culture: Canada is a truly multicultural country with a rich ethnic diversity. Multiculturalism is a national policy.
- Scenery: The views of the untouched natural environment are breathtaking and include, forests, oceans, mountains, plains, lakes, and rivers.
- Wildlife: Wildlife is a major part of the identity of Canada, with polar bears, moose, whales and countless diverse mammals and birds. The common loon is Canada's national bird.
- Food: Multicultural foods are found everywhere. Hawaiian pizza was invented in Canada. Canadians eat more doughnuts than any other country in the world, with over 1 billion consumed annually.

## Special Guest Speaker

The Family Council held a virtual meeting on June 22<sup>nd</sup>, 2023. The guest speaker was John Sarcilla, Recreation Manager at Markhaven.  
**To obtain a copy of the recording, please email us!**

## Next Meeting

The next Family Council meeting will take place in September 2023. The Family Council Executive would like to wish ALL our Residents and Families a wonderful summer!





# Volunteer Appreciation

Dear Volunteers,

As we near the school year ends so does our wonderful volunteers of Kyla, Angelina, Isshan and Brandon come to a close, we wanted to take a moment to express our heartfelt gratitude for your invaluable contributions to Markhaven.

Your time, dedication, and selfless efforts have made a lasting impact on our community, and we are truly grateful for the positive difference you have made in the lives of others.

Your individual commitment to our mission and your unwavering support have been instrumental in the success of our programs and initiatives. Whether it was lending a helping hand at events, providing companionship to those in need, or offering your expertise and skills, your contributions have touched the lives of many and brought hope, joy, and comfort to those we serve.

As you move forward on your individual paths, we want to wish you the best of luck in all your future endeavors. We have no doubt that you will continue to make a positive impact wherever you go, spreading your light and making a difference in the lives of others.

Once again, thank you for your unwavering commitment, your tireless efforts, and your boundless compassion. You have shown us the true power of volunteerism, and we are incredibly grateful for the opportunity to have worked alongside you.

Wishing you all the success and happiness that the future holds.



# Nursing Update

## Director of Care Update

We wanted to inform you about the recent updates from the Ministry of Long-Term Care regarding COVID-19 response measures. These changes align with routine practices and include updates to masking and isolation requirements. The following is a summary of the changes that will be implemented by June 30, 2023:

### **Masking Requirements:**

#### **For Caregivers and Visitors:**

Masks are recommended but not required in all areas of the home.

Caregivers and visitors can now join in for dining and sharing a meal or beverage in communal areas.

**For Staff, Students, Support Workers, and Volunteers:**

Masks are required based on a point of care risk assessment (PCRA), consistent with Routine Practices, and following the return-to-work protocol after a COVID-19 infection.

Staff may consider wearing a mask during prolonged direct resident care, both indoors and outdoors.

Masks are not required in administrative and staff-only areas such as lunchrooms, offices, and gyms.

Homes are encouraged to implement "mask-friendly" policies, accommodating staff who prefer to continue wearing masks beyond the minimum requirements and residents (or substitute decision-makers) who request staff members to wear masks when providing care, aligning with the Residents' Bill of Rights.

In outbreak situations or if a resident is on Additional Precautions, all individuals are required to comply with masking and other personal protective equipment requirements as directed by the outbreak management team and the local public health unit.

## IPAC UPDATE

Dear families,

We would like to bring to your attention an important matter regarding items located above resident closet.

Upon conducting a through assessment, we have identified that the presence of these items poses potential health and safety concerns. In order to maintain a safe and secure environment for all residents, we kindly request your cooperation in promptly removing these items.

By ensuring that the area above resident closet remains clear and unobstructed, we can effectively mitigate any potential risk and uphold the highest standards of safety within Markhaven.

We greatly appreciate your understanding and assistance in this matter. Should you have any question, please feel free to contact our IPAC Leader: Marleys Shortte at 905-294-2233 Ext: 3302 or by email: [marleys.shortte@markhaven.ca](mailto:marleys.shortte@markhaven.ca)



# Inside Markhaven



## HIGHLIGHTS

**In celebration of National Philippines Independence Day on June 12th, our Filipino staff organized a special event that featured traditional food and engaging conversations. It was a wonderful opportunity to appreciate and recognize the rich cultural heritage of our Filipino team members. We extend our gratitude to them for their contributions and for sharing their traditions with us.**



## **ANNOUNCEMENT - MURALS INSTALLED**

**We are delighted to announce the recent installation of captivating murals in our facility. Among them are an enchanting door exit bookcase mural and an interactive flower mural that has brought immense joy to our residents. They take pleasure in admiring the beautiful flowers and engaging with the mural by picking and placing the flowers in the flowerbox. These art installations have added a touch of beauty and interactivity to our home, enhancing the overall ambiance for our residents' enjoyment.**



# **EMPLOYEE RECOGNITION**



We are delighted to congratulate Winnie Wong for being selected Employee of the Month for the month of June. Your dedication, hard work, and outstanding performance within Markhaven have earned you this well deserved recognition. Your commitment to cleanliness, attention to detail, efficiency, psotive attitude and consistent ability to uphold high standards sets a remarkable example! Keep up the good work!



## **Markhaven Family**

Please extend a warm welcome to our new hire:

**Shibu Jacob - Dietary Aide**



# Inside Markhaven RECREATION

## Markhaven Art Gallery



We are thrilled to announce the resounding success of our recent art show—a captivating celebration of creativity that made a lasting impression on attendees. The event featured remarkable works by talented artists, each piece expressing unique perspectives and evoking powerful emotions. The overwhelmingly positive response sparked meaningful conversations and connections within our community.

### Art Show Highlights

Discover the limitless power of art, where there are no rules but only the expression of emotions. Our talented artists have gifted us with breathtaking artwork, allowing us to immerse ourselves in their unique creations. Let us embrace the beauty and inspiration that art brings as we celebrate the incredible talent within our community.





# Inside Markhaven RECREATION

## DUCK EGGS HATCHED!

We have been blessed with the opportunity to witness the birth of 8 little ducklings, experiencing the beauty and cycle of life. This delightful event has brought joy and cherished memories of farms and other animals. As we eagerly awaited their arrival, our residents and staff engaged in a guessing game to predict the number of ducklings that would hatch, and we are pleased to announce that we had three winners: two staff members and one resident who guessed correctly.



## DUCK GUESSING CONTEST - WINNERS

OUR THREE WINNERS FROM OUR DUCK GUESSING CONTEST



## Pet Therapy "Lola's Visits"

Lola continues to bring joy and laughter into our home!





# Inside Markhaven RECREATION

Dear Residents and Families,

We hope this message finds you in good health and high spirits. This month, we had an array of exciting recreation activities planned at Markhaven. Join us as we celebrate the birthdays of our beloved residents with cake, music,, and dancing Indulge in the delightful culinary experiences offered at our monthly Diner's Club,. Unwind and socialize at our Wine & Cheese Socials, where you can savor fine wines and delectable cheeses. and enjoyed the ourdoor BBQ lunch. Additionally, we have a diverse range of engaging activities, including arts and crafts , movie nights, exercise classes, and musical performances. Please check our monthly activity calendar for specific details and times. We value your feedback and suggestions as we strive to provide meaningful and enjoyable experiences that promote social interaction and a sense of community. Thank you for your continued support.

## Program Photo Highlights





## **PHONE DIRECTORY**

<b>Executive Director:</b> Janice Carmichael-Pitts janice.pitts@markhaven.ca	<b>ext. 3304</b>
<b>Director of Care:</b> Esther Spencer esther.spencer@markhaven.ca	<b>ext. 3303</b>
<b>Director Of Finance:</b> Alfred Ho alfred.ho@markhaven.ca	<b>ext. 3317</b>
<b>Director, Fundraising &amp; Volunteers:</b> Laurie McClelland laurie.mcclelland@markhaven.ca	<b>ext. 3375</b>
<b>Environmental Services Manager:</b> Jason Ramoutar jason.ramoutar@markhaven.ca	<b>ext. 3305</b>
<b>Food Services Manager:</b> Kristina Grant kristina.grant@markhaven.ca	<b>ext. 3307</b>
<b>HR Business Partner:</b> Jonathan Waddington jwaddington@markhaven.ca	<b>ext. 3301</b>
<b>Recreation Manager:</b> John Sarcilla john.sarcilla@markhaven.ca	<b>ext. 3309</b>
<b>Resident Services Coordinator:</b> Christine Mills christine.mills@markhaven.ca	<b>ext. 3308</b>
<b>Scheduling Coordinator:</b> Maria Angeles maria.angeles@markhaven.ca	<b>ext. 3300</b>
<b>Spiritual Care Provider:</b> Mary Leung mary.leung@markhaven.ca	<b>ext. 3404</b>

## **SPIRITUAL READING**

### *What God Hath Promised*

God hath not promised skies always blue,  
Flower strewn pathways all our lives through;  
God hath not promised sun without rain,  
Joy without sorrow, peace without pain.

God hath not promised we shall not know  
Toil and temptation, trouble and woe;  
He hath not told us we shall not bear  
Many a burden, many a care.

God hath not promised smooth roads and wide,  
Swift, easy travel, needing no guide;  
Never a mountain rocky and steep,  
Never a river turbid and deep.

*But God hath promised strength for the day,  
Rest for the labor, light for the way,  
Grace for the trials, help from above,  
Unfailing sympathy, undying love.*

Annie Johnson Flint