








RECREATION DEPARTMENT ACTIVITY CALENDAR







JULY 2019

~Paramount, Springdale & TooGood~



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1. Canada Day 2:30- Canada Day Party With Patrick Rose Duo (NA)</p> 	<p>2. 10:00 Exercise (NA) 10:30 Trivia (NA) 12:00 BBQ Lunch for Paramount (G) 2:30 Sip & Chat (PM) 2:30 Walky Talky Club (2ndFl)</p>	<p>3. 10:00 Exercise (NA) 10:15 Warm Hands/Colour Therapy (PM) 10:30 Travelogue (NA) 1:30 Music Therapy (NA) 2:30 Welcome Tea (NA) 6:30 Bingo (NA)</p> 	<p>4. 9:30 Communion Visit (AR) 10:00 iPod Therapy (2ndFl) 10:45 Warm Hands (2ndFl) 11:15 One to One Visits (1st Fl) 2:15 Ice Cream Cart (1stF) 2:30 Baking: Very Berry Smoothies (S)</p>	<p>5. 10:00 Walky Talky (2ndFl) 10:15 Sing Along (PM) 10:45 Ipad Therapy (2ndFl) 2:00 Pet Therapy Visit with Fresco 2:30 Gazebo Gathering (G) (Weather Permitting) 2:30 Down Memory Lane (PM) 2:30 Montessori (T) 3:00 Music Circle (S) 6 6:15: Movie Night (NA)</p>	<p>6. 10:00 Chapel Service (NA) 10:30 Pet Therapy Visit with Indy 2:15 Trivia (NA)</p>
<p>7. 1:15 One to One Visits 3:00 Eastside Baptist Church (NA)</p>	<p>8. 10:00 iPod Therapy (2ndFl) 2:15 Ice Cream Cart (2ndFl) 3:00 Bible Study (NA) 6:15: Movie Night (NA)</p>	<p>9. 10:00 Exercise (NA) 10:30 Trivia (NA) 2:30 Afternoon Entertainment with Jim & Murray (NA)</p> 	<p>10. 10:00 Exercise (NA) 10:15 Warm Hands/Colour Therapy (PM) 10:30 Travelogue (NA) 1:30 Music Therapy (NA) 2:30 Gazebo Gathering (G) (Weather Permitting) 2:15 Walky Talky (1st FL) 2:15 Manicures (2ndF) 3:30 One to One Visits (2ndF) 6:30 Bingo (NA)</p>	<p>11. 9:30 Communion Visit (AR) 10:00 iPod Therapy (2ndFl) 10:45 Warm Hands (2ndFl) 11:15 One to One Visits (1st Fl) 2:30 Ice Cream Cart (1stF) 2:30 Activity On the Go (NA) 2:30 Board Games</p>	<p>12. 10:00 Walky Talky (2ndFl) 10:15 Sing Along (PM) 10:45 Ipad Therapy (2ndFl) 2:00 Pet Therapy Visit with Fresco 2:30 Helen's Birthday Party with Sammy K (NA) 6:15: Movie Night (NA)</p> 	<p>13. 10:00 Chapel Service (NA) 2:30-3:30 Entertainment with Joe Sponsored by the Family Council (NA)</p> 

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14. 3:00 Activities on the Go</p>	<p>15. 10:00 Chair Yoga (T) 10:00 iPod Therapy (2ndFl) 10:45 Balloon Toss (S) ★ 1:30 Resident Council (NA) 2:15 Ice Cream Cart (2ndFl) 3:00 Bible Study (NA) 6:15 Movie Night (NA)</p>	<p>16. Bus Trip to Port Perry for Lunch 10:30 to 3:00 (sign up required)</p> 	<p>17.  8:30 Gourmet Breakfast (S) 10:00 Exercise (NA) 10:15 Warm Hands/Colour Therapy (PM) 10:30 Catholic Mass (NA) 1:30 Music Therapy (NA) 2:15 Walky Talky (1st FL) 2:15 Manicures (2ndF) 3:30 One to One Visits (2ndF) 6:30 Bingo (NA)</p>	<p>18. 9:30 Communion Visit (AR) 10:00 Walky Talky (2ndFl) 10:45 Warm Hands (2ndFl) 11:15 One to One Visits (1st Fl) 2:15 Ice Cream Cart (1stF) 2:30 Baking: Tropical Fruit Smoothies (S)</p>	<p>19. 10:00 Exercise (NA) 10:15 Sing Along (PM) 10:30 Chapel Service- with St. Andrews Presbyterian (NA) <i>2:00 Pet Therapy Visit with Fresco</i> 2:30 Exotic Animals (NA) 6:15: Movie Night (NA)</p> 	<p>20. <i>9:30 Pet Therapy Visit with Indy</i> 10:00 Balloon Badminton (NA) 2:30 Apple Creek Chapel Service (NA)</p>
<p>21. 1:30 Markham Christian Assembly (NA) 2:30 Trivia (NA)</p>	<p>22. 10:00 Walky Talky (2ndFl) 2:15 Ice Cream Cart (2ndFl) 3:00 Bible Study (NA) 6:15 Movie Night (NA)</p>	<p>23. 10:00 Exercise (NA) 12:00 BBQ Lunch for Toogood (G) 2:30 Sip & Chat (PM) 2:30 Walky Talky Club (2ndFl) 3:00 Pet Therapy Visits with Willow</p>	<p>24. 10:00 Exercise (NA) 10:15 Warm Hands/Colour Therapy (PM) 10:30 Travelogue (NA) 1:30 Music Therapy (NA) 2:15 Walky Talky (1st FL) 2:15 Manicures (2ndF) 3:30 One to One Visits (2ndF) 6:30 Bingo (NA)</p>	<p>25. 9:30 Communion Visit (AR) 10:00 iPod Therapy (2ndFl) 10:45 Warm Hands (2ndFl) 11:15 One to One Visits (1st Fl) 2:30 Karaoke with Marcia</p> 	<p>26. 10:00 Walky Talky (2ndFl) 10:15 Sing Along (PM) 10:45 Warm Hands (2ndFl) 2:30 Gazebo Gathering (G) (Weather Permitting) <i>2:30 Down Memory Lane (PM)</i> <i>2:30 Montessori (T)</i> <i>3:00 Music Circle (S)</i> 6:15: Movie Night (NA)</p>	<p>27. <i>9:30 Pet Therapy Visit with Indy</i> 10:00 Chapel Service (NA) 2:15 Spa Afternoon (NA)</p>
<p>28. 1:30 to 3:00 Visit with the Sutton Group</p> 	<p>29. 10:00 Walky Talky (2ndFl) 10:15 Rosary (1stF) 10:30 Rosary (2ndF) 2:15 Ice Cream Cart (2ndF) 3:00 Bible Study (NA) 6:15 Movie Night (NA)</p>	<p>30. 10:00 Exercise (NA) 10:30 Trivia (NA) 2:30 Residents' Birthday Party with Keith Dindayal (NA) <i>3:00 Pet Therapy Visits with Willow</i></p> 	<p>31. 10:00 Exercise (NA) 10:15 Warm Hands/Colour Therapy (PM) 10:30 Travelogue (NA) 1:30 Music Therapy (NA) 2:30 Gazebo Gathering (G) (Weather Permitting) <i>2:15 Walky Talky (1st FL)</i> <i>2:15 Manicures (2ndF)</i> <i>3:30 One to One Visits (2ndF)</i> 6:30 Wine & Cheese Night (NA)</p>	<p>BIRTHDAYS THIS MONTH</p> <p><i>Silva S.....July 06</i> <i>Helen H.....July 09</i> <i>Lian T.....July 10</i> <i>Cleta S.....July 10</i> <i>Wilma P.....July 22</i> <i>Barb St.J.....July 22</i></p> <p>hope your birthday is as awesome as you are!</p>	<p>**The Recreation Department encourages family and friends to participate in daily programs!</p> <p>Please note that programs are subject to change**</p> <p>**If weather does not permit (when it's too hot or raining) see below for alternate programs in italics**</p>	<p>Activity Location Legend</p> <p>(PW) Parkway (PM) Paramount (T) TooGood (S) Springdale (NA) Neely Auditorium (AR) Activity Room (HA) Home Areas (GR) Garden-Parkway (G) Gazebo (HB) Home Area Balcony (L) Lobby</p>