

# Inside January 2023 Markhaven

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233



# **Special Events**



Monday January 9 Musical Performance with Emilio at 2:30pm

Wednesday January 11 Wine and Cheese at 2:30pm

Wednesday January 18 Chinese New Year Special Edition Bingo at 10:15am

Thursday January 19 Chinese New Year Order in Lunch at 12:00pm

Friday January 20 Celebrating Chinese New Year at 2:30pm

Sunday January 22 Celebrating January Birthdays with Tony at 2:30pm

Tuesday January 24 Resident council Meeting at 1:00pm

Friday January 27 Afternoon at the Movies at 2:30pm

Tuesday January 31 Hands on Exotic at 2:30pm

Check the calendars for more events!

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## **Announcement/Open letter**

To our Valued Patient and family at Markhaven

We are sorry to inform you that Direct Dentistry Services will be closing our practice permanently by December 2022.

It has been our privilege to care for you/family member onsite. Thank you again for all the encouragement through the years.

After December 2022, administrative support will continue until May 31, 2023. Please direct inquiries preferably via email at info@directdentistry.com or leave a message

with our office 416 964 0465.

Sincerely yours,

Elise Wong

Director – Direct Dentistry Services.

In light of this unfortunate news, Markhaven is in the process of looking for a new mobile dental clinic. Once this is in place, the Home will share this with residents and families.

## **Happy Activity Professionals Week**

## January 23rd to the 27<sup>th</sup>

Every day our team of activity professionals inspire, engage and enrich the lives of those we serve throughout the year as they promote the well-being of residents here at Markhaven.

Thank you to our Recreation team for all their hard work in making a difference in the lives of others.



#### **Chinese New Year Celebration**

Come and join us on Friday, Jan 20 at 2:30 pm in the Neely Auditorium for an extravagant Chinese New Year celebration!



We will be enjoying a Chinese special order in lunch on Thursday, Jan 19 at 12:00pm. Please sign up with our recreation team. They can be reached at: recreation@markhaven.ca

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## Markhaven Family Council

- January 2023 Newsletter -



#### WHO ARE WE?



The Markhaven Family Council is a volunteer support group for residents and families and is made up of current and former family members and friends of Markhaven residents.

All family members and friends of residents are invited to be on the Family Council contact list.

The Family Council sends out very important information about long-term care, including but not limited to, updates from the Ministry of Long-Term Care, media reports and information sent by Markhaven management.

Long-term care facilities are mandated to have a Family Council in the Province of Ontario.

#### Special Guest Speakers

Janice Carmichael-Pitts – Executive Director Special Guest Speaker – May 26<sup>th</sup>, 2022

Christine Mills – Resident Services Coordinator Special Guest Speaker – June 29<sup>th</sup>, 2022

Amy Ensing – Recreation Manger Special Guest Speaker – October 27<sup>th</sup>, 2022

To obtain the Zoom recordings of any of the above Guest Speakers, please email the Family Council.

#### Family Council Meetings:

Please plan to join us at our next Family Council Meeting:

Thursday, February 9<sup>th</sup>, 2023

The Family Council currently meets via Zoom.

For more information please contact: markhavenfamilycouncil@gmail.com





#### Martin Luther King Day January 16<sup>th</sup>, 2023

The day commemorates the life and work of Dr.King, who was a Baptist minister and prominent leader in the American civil rights movement. People are encouraged to use the day to reflect on the principles of racial equality and nonviolent social change espoused by Dr. King.



#### Lunar New Year January 22<sup>nd</sup>, 2023

Lunar New Year starts with the first new moon of the lunar calendar. It is often called Chinese New Year, although many other countries celebrate the Lunar New Year, such as Korea, India, Singapore, Malaysia, and more.

Traditions include fireworks, traditional food, the giving of red envelopes, and lighting lanterns.

Chair: Marg Calver mwcalver@gmail.com Vice Chair: Shane Taylor shanetaylor18@gmail.com

<u>Treasurer:</u> Narinder Kainth midwifelily84@gmail.com

<u>Secretary:</u> Linda McLean logicalperception@bellnet.ca

## **Chaplain's Corner**

#### Have Faith in God Mark 11:11-14; 20-24

11 And Jesus entered into Jerusalem, and into the temple: and when he had looked round about upon all things, and now the eventide was come, he went out unto Bethany with the twelve. 12 And on the morrow, when they were come from Bethany, he was hungry: 13 And seeing a fig tree afar off having leaves, he came, if haply he might find anything thereon: and when he came to it, he found nothing but leaves; for the time of figs was not vet. 14 And Jesus answered and said unto it. No man eat fruit of thee hereafter forever. And his disciples heard it. 20 And in the morning, as they passed by, they saw the fig tree dried up from the roots. 21 And Peter calling to remembrance saith unto him, Master, behold, the fig tree which thou cursedst is withered away. 22 And Jesus answering saith unto them, Have faith in God. 23 For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. 24 Therefore I say unto you, what things soever ye desire, when ye pray, believe that ye receive *them*, and ye shall have *them*.

When the disciples saw what happened to the fig tree after Jesus cursed it, Peter brought it to Jesus' attention and Jesus responded by saying, "have faith in God." Jesus wanted them to know that they could speak to any situation by faith and believe that it is possible for the situation to change. What they saw was the result of prayer made in faith. Jesus wanted the disciples to know when they pray in faith, God will hear them. Jesus responds to your faith and according to the bible. "pleasing God is impossible without faith." It's not always easy to have faith in difficult situations and often times; it's easier to give up on life and everything we believe in. It is easier to believe what we can see and when what we can see seems hopeless, having faith at times is the last thing that some people can think about. Whether it is great faith or small faith, Jesus responds to faith. Having faith is to look beyond your present situation and trust, rely on and cling to God. No one knows what the year 2023 holds, but the one who holds tomorrow is Jesus. So I encourage you to stand in faith regardless of whatever you may face, knowing that God is greater and that He can turn any situation around for your good.

<u>Hebrews 11:6</u> – But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

Rev. Dwnette Dickson

### **Phone Directory**

**Executive Director:** ext. 3304

Janice Pitts

janice.pitts@markhaven.ca

**Director of Care:** ext. 3303

**Esther Spencer** 

esther.spencer@markhaven.ca

Clinical Nurse Manager: ext. 3302

Waheed Khan

waheed.khan@markhaven.ca

**Environmental Services Manager:** ext. 3305

Jason Ramoutar

jason.ramoutar@markhaven.ca

Food Services Manager ext. 3307

Kristina Grant

kristina.grant@markhaven.ca

Resident Services Coordinator: ext. 3308

Christine Mills

christine.mills@markhaven.ca

**Human Resources Manager:** ext. 3301

**Shantel Smith** 

shantel.smith@markhaven.ca

Director, Fundraising & Volunteers: ext. 3401

Laurie McClelland

laurie.mcclelland@markhaven.ca

Chaplain: ext. 3404

Rev. Dwnette Dickson

chaplain@markhaven.ca

Recreation Manager: ext 3309

Amy Ensing

amy.ensing@markhaven.ca

**Home Area Nursing Stations** 

Parkway (1 North) ext. 4317

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