

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026 SPRINGDALE - 2 SOUTH			1 10:30 Canada Day Celebration (Neely)  2:30 Balcony Social 2:30 Friendly Visits with Captain Farr (RR)	2 10:30 Zumba (AR) 11:00 Coloring Club (AR) 2:30 Travelogue –Ontario, Newfoundland and Labrador  6:30 Canada's Trivia and Music (Neely)	3 Music Appreciation	4 10:30 Words in Word (Neely)  2:30 Ice Cream Cart (AR) 3:15 One-to-One Moments (RR)
5 10:30 Livestream Mass & Holy Communion (Neely) 11:00 Hymn Sing with Carol (Neely) 2:30 Warm Hand Massage & Aromatherapy (AR) 3:15 Ball Toss & Music (AR)	6 10:30 Disco Best Outfit Contest & Bingo (Neely)  2:30 Wings Over the Rainforest Bird Show (Neely) 	7 1:00 One-to-One Moment in The Fresh Air** 1:30 Summer Trivia (AR) 2:30 Catholic Mass (Neely) 6:30 Trivia and Bites Night (Neely)	8 10:30 BINGO (Neely)  12:00 Diner's Club: KFC (Neely)  2:30 Splash & Laugh Water Day (Outdoor)	9 10:30 Gentle Exercise (AR) 11:00 Words in Word (AR) 2:30 Down the Memory Lane (Neely) 6:30 Music in the Park (1 North Garden)	10 Music Appreciation 	11 10:30 Word Scramble (Neely)  Music Appreciation
12 10:30 Catholic Mass Live Stream & Communion (Neely) 11:00 Sing Along (Neely) Music Appreciation	13 10:30 Backyard Stories with Ann Ward (Neely) 2:30 BINGO (Neely) 	14 1:15 Pet Therapy with Lola (RR) 2:30 Manicures and Comedy (AR) 6:30 Guided Relaxation (Neely)	15 10:30 Entertainment with Emilio (Neely)  2:30 Java Club (Neely) 	16 10:30 Seated Exercise (AR) 11:00 Ballon Badminton (AR) 2:30 Ice Cream Social (AR) 3:15 Spa Afternoon (AR) 6:30 Hot Seat Game (Neely)	17 10:30 Balcony Moment 11:00 Colouring Fun (AR) 2:30 Expressive Arts & Crafts (Neely)	18 10:30 Word Category (Neely)  2:30 Happy Hour Social (Balcony) 3:15 Memory Games (AR)
19 10:30 Livestream Mass & Holy Communion (Neely) 11:00 Hymn Sing with Carol (Neely) 2:30 Table Games (AR)	20 Music Appreciation 2:30 The Lemon Smile Cart (RR) 	21 1:15 Hand Massage & Relaxation (AR) 2:30 Birthday Bash (Neely)  6:30 Tea Conversation and Sports Highlights (Neely)	22 10:30 BINGO (Neely)  2:30 Hymn Sing with Captain Farr (Neely)	23 10:30 Sunshine Social 11:00 Memory Circle (AR) 2:30 Woodworking Time (Neely)  6:30 Creative Games (Neely)	24 10:30 Morning Stretch & Exercise (AR) 11:00 Words in Word (AR) 2:30 Piano Hymn Sing with Priscilla (Neely) 	25 10:30 Jeopardy (Neely)  Music Appreciation
26 10:30 Catholic Mass Live Stream & Communion (Neely) 11:00 Sing Along (Neely) 2:30 Cowboy Day Wine & Cheese Social (Neely)	27 10:30 Backyard Stories with Ann Ward (Neely) 2:30 BINGO (Neely) 	28 10:30 Resident Council Meeting (Neely) 1:15 Summer Craft Club (AR) 3:00 One-to-One Visit (RR) 6:30 Sangria in the Sun & Live Music (Outdoor)	29 10:30 BINGO (Neely)  2:30 Bible Study with Captain Farr (Neely)	30 1:15 Aromatherapy Relaxation & Warm Hand Massage (AR) 2:30 Sing Along with Viola (Neely) 6:30 Comedy Night (Neely)	31 10:00 Young at Heart Painting (Neely)  22:00 Movie Matinee: A Man Called Otto (Neely) 	**Outdoor Activities will be held based on the weather