

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

PARAMOUNT – 1 SOUTH

Calendar Visit (RR) 10:30 Catholic Mass Live Stream & Communion (Neely) 11:00 Hymn Sing with Carol (Neely) Music Appreciation Tu B'Shevat Begins 1	10:30 Exercise Club (AR) 11:15 Spiritual Daily Bread Reading and Discussion (AR) 2:30 The OctaBand Fun (AR) 3:15 Friendly Visits 1:1 (RR) Groundhog Day 2	10:30 Java Club (Neely) 2:15 Sensory Stimulation & Aromatherapy (TV) Music Appreciation 6:30 Valentine's Quiz Night (Neely) 3	10:30 BINGO (Neely) 2:30 Catholic Mass (Neely) 2:30 Friendly Visits with Captain Farr (RR) 4	1:15 Walking and Strolling (Hallway) 2:00 Categorizing Things (AR) 2:45 Manicure & Comedy (AR) 6:30 Valentine's Sing-Along (Neely) 5	10:30 Interactive Sing-Along with Viola (Neely) 2:00 Movie Matinee: "Mulan" (Neely) Music Appreciation 6	10:30 Gentle Exercises (Neely) 11:00 Jeopardy (Neely) 2:30 Saturday Fitness (AR) 3:15 Let's Sing Together (TV) 7
10:30 Catholic Mass Live Stream & Communion (Neely) 2:30 Balloon Volleyball with Refreshments (Neely) 8	10:30 Book Club: Backyard Stories with Ann Ward (Neely) 2:30 BINGO (Neely) 9	10:30 Exercises Time (AR) 11:15 Picture Association (AR) 2:30 Birthday Bash with Mina Lin (Neely) 6:30 Chinese New Year Trivia Tea Social (Neely) 10	10:30 BINGO (Neely) 2:30 Chinese New Year Celebration — Year of the Fire Horse (Neely) 11	10:30 Valentine's Zumba (Neely) 1:15 Music and Movement (AR) 2:00 Memory Moments (AR) 2:45 Snoezelen Time (AR) 6:30 Candy Lover's Dice Game (Neely) 12	10:00 Laughing Corner (TV) 10:30 Java Club (Neely) 2:30 Piano Hymn Sing with Priscilla (Neely) 13	10:30 Cooking with Carol: Valentine's Sweet Cups (Neely) 2:30 Valentine's Magic Show (Neely) Valentine's Day 14
10:30 Catholic Mass Live Stream & Communion (Neely) 11:00 Hymn Sing with Carol (Neely) Music Appreciation 15	10:30 The Wise Walkers: Mardi Gras Bead Hunt 2:30 Wacky Wheelchair Racing and Games-Minute to Win it (Neely) Presidents' Day (U.S.) 16	10:30 Exercises Time (AR) 11:00 What Begins with Letter "M" (AR) 2:30 Mardi Gras Expressive Arts & Craft (Neely) 6:30 Fun & Friendly Games (Neely) 17	10:30 Entertainment with Emilio (Neely) 12:00 Diner's Club: Chris Jerk (Neely) 2:30 Bible Study with Captain Farr (Neely) 18	1:00 Friendly Visits 1:1 (RR) 1:30 Name that Instrument (AR) 2:30 Java Club (Neely) 6:30 Mardi Gras Ice Cream Making (Neely) 19	10:30 Spiritual Gathering with Angeline & Polly (Neely) Music Appreciation 20	10:30 Gentle Exercises (Neely) 11:00 Crosswords (Neely) 2:30 Spiritual Daily Bread Reading and Discussion (AR) 3:15 Watercolor Painting (AR) 21
10:30 Catholic Mass Live Stream & Communion (Neely) 2:30 Parachute Fun & Ice Cream (Neely) 22	10:30 Book Club: Backyard Stories with Ann Ward (Neely) 11:15 Friendly Visits (RR) 2:30 BINGO (Neely) 23	10:30 Resident Council Meeting (Neely) 2:30 Travelogue New Orleans Mardi Gras (Neely) 6:30 Wine and Cheese with Curtis (Neely) 24	10:30 BINGO (Neely) 2:30 Black History Celebration with Negus (Neely) 25	10:30 Woodworking Time (Neely) 1:15 Friendly Visits 1:1 (RR) 2:30 Java Club (Neely) 6:30 Black History Word Game (Neely) 26	10:00 Young at Heart Painting (Neely) Music Appreciation 3:15 Laughing Corner (TV) 27	10:30 Drumm Circle (Neely) 11:00 Words in Word (Neely) Music Appreciation 28