

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

2 South Springdale

				<p>9:45 Calendar Visits 1</p> <p>10:45 Seated Tai Chi (TV)</p> <p>2:15 Craft: Mistletoe Ornament (AR)</p>	<p>Happy Birthday James! 2</p> <p>9:45 Gentle Stretch (TV)</p> <p>10:30 Morning Music with Deidrey (Neely)</p> <p>2:15 Warm Hands Massage</p> <p>3:15 A Christmas Carol Word Match (AR)</p>	<p>9:45 1:1 Friendly Visits 3</p> <p>10:30 Chapel Service (Neely)</p> <p>2:15 Christmas Sing Along (TV)</p> <p>3:15 Ball Toss (TV)</p>
<p>9:45 Daily Bread Reading and Discussion (TV) 4</p> <p>10:45 Gentle Touch w/Meditation Music (TV)</p> <p>2:15 Christmas Sensory Cart</p> <p>3:15 Glamour Hour (TV)</p>	<p>9:45 Gentle Stretch (TV) 5</p> <p>10:30 Bible Study (Neely)</p> <p>11:20 Chaplain Visits</p> <p>2:30 Bingo! (Neely)</p>	<p>9:45 Chair Yoga (TV) 6</p> <p>10:45 What Am I (TV)</p> <p>2:30 Table Games (AR)</p> <p>3:00 Blessed Frederic Ozanan Service (Neely)</p>	<p>Happy Birthday Arthur! 7</p> <p>10:00 Christmas Cougars Gathering (Neely)</p> <p>3:15 Residents' Choice (AR)</p>	<p>9:45 Seated Exercise (TV) 8</p> <p>10:45 Christmas Word Quilt (AR)</p> <p>2:15 Montessori (AR)</p> <p>3:15 Ice Cream Parlor</p>	<p>9:45 Chair Yoga (TV) 9</p> <p>10:45 Spiritual Reading and Singing (TV)</p> <p>2:15 Warm Hands Massage</p> <p>3:15 A Holly Jolly Christmas Word Search (AR)</p>	<p>9:45 1:1 Friendly Visits 10</p> <p>10:30 Chapel Service (Neely)</p> <p>2:15 Cranium Crunches: Happy Winter Message (TV)</p> <p>3:15 Christmas Carolling (TV)</p>
<p>9:45 1:1 Friendly Visits 11</p> <p>10:45 Daily Bread Reading and Discussion (TV)</p> <p>2:15 Holidays around the World (TV)</p> <p>3:15 Ball Toss (TV)</p>	<p>9:45 Gentle Stretch (TV) 12</p> <p>10:30 1:1 Friendly Visits</p> <p>2:30 Bingo! (Neely)</p> <p>6:00 Christmas Lights Bus Tour (Sign up required)</p>	<p>9:45 Frog Toss and Match (AR) 13</p> <p>10:45 Glamour Hour</p> <p>2:30 Markhaven Christmas Caroling w/Jennifer (Neely)</p>	<p>9:45 Christmas Craft with Crafty Karen: Making Snowflakes (Neely) 14</p> <p>12:00 Order in Lunch Harvey's (Sign Up Required)</p> <p>2:30 Christmas Baking: Sugar Cookies (AR)</p>	<p>9:45 Seated Exercise (TV) 15</p> <p>10:30 Celebrating December Birthdays with Emilio! (Neely)</p> <p>2:15 Craft: Mini Yarn Hats Ornaments (AR)</p>	<p>9:45 Seated Tai Chi (TV) 16</p> <p>10:30 St. Andrews Presbyterian Service (Neely)</p> <p>2:15 Warm Hands Massage</p> <p>3:15 Christmas Movies Crossword (AR)</p>	<p>9:45 1:1 Friendly Visits 17</p> <p>10:30 Chapel Service (Neely)</p> <p>2:15 Christmas Travelogue(TV)</p> <p>3:15 Ball Toss (TV)</p>
<p>9:45 Daily Bread Reading and Discussion (TV) 18</p> <p>10:45 Gentle Touch w/Meditation Music (TV)</p> <p>2:15 Christmas Sensory Cart</p> <p>3:15 Christmas Singalong w/ Strawberry Shortcake(TV)</p> <p>Hanukkah Begins</p>	<p>9:45 Gentle Stretch (TV) 19</p> <p>10:30 Bible Study (Neely)</p> <p>2:30 Bingo! (Neely)</p> <p>2:30 Chaplain Visits</p>	<p>9:45 Seated Tai Chi (TV) 20</p> <p>10:45 Words In Word (TV)</p> <p>1:00 Resident's Council Meeting (Neely)</p> <p>2:30 Markhaven Christmas Party with Rosita Stone (Neely)</p>	<p>9:45 Christmas Wreath Making (AR) 21</p> <p>2:30 Markhaven Christmas Auction (Neely)</p> <p>Winter Begins</p>	<p>9:45 Seated Exercise (TV) 22</p> <p>10:45 Holiday Glamour</p> <p>2:30 Christmas Baking: Shortbread Cookies (AR)</p>	<p>9:45 Chair Yoga (TV) 23</p> <p>10:45 Spiritual Reading and Singing (TV)</p> <p>2:30 Christmas Movie (TV)</p>	<p>9:45 1:1 Friendly Visits 24</p> <p>10:30 Chapel Service (Neely)</p> <p>2:15 Christmas Caroling (TV)</p> <p>3:15 Crossword Puzzles and Trivia</p>
<p>9:45 Daily Bread Reading and Discussion (TV) 25</p> <p>10:45 Gentle Touch w/Meditation Music (TV)</p> <p>2:15 The Disney Holiday Singalong (TV)</p> <p>3:15 Residents Choice</p> <p>Christmas</p>	<p>Happy Birthday Thomas! 26</p> <p>9:45 Gentle Stretch (TV)</p> <p>10:30 1:1 Friendly Visits</p> <p>2:30 Bingo! (Neely)</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>9:45 Seated Exercise (TV) 27</p> <p>10:45 Words In Word (AR)</p> <p>2:30 Afternoon at the Movies (Neely)</p>	<p>9:45 1:1 Friendly Visit 28</p> <p>10:45 General Bible Trivia (TV)</p> <p>2:15 Card Games</p> <p>3:15 Warm Hands Massage</p>	<p>9:45 Seated Tai Chi (TV) 29</p> <p>10:45 1:1 Friendly Visits</p> <p>2:30 Categories: Where Do These Belong (AR)</p> <p>3:30 Ring Toss (TV)</p>	<p>9:45 Chair Yoga (TV) 30</p> <p>10:45 Cranium Crunches: Do You Hear What I Hear (AR)</p> <p>2:30 Markhaven New Year's Party with Shannon Graham (Neely)</p>	<p>9:45 1:1 Friendly Visits 31</p> <p>10:30 Dominoes (AR)</p> <p>2:30 New Year's Resolutions (AR)</p> <p>3:15 Target Games (AR)</p> <p>New Year's Eve</p>

Recreation staff: Ran/ Carol