



August Newsletter



UPCOMING EVENTS

August 7th - Summer Vibes
Entertainment with Carla
Gonzales at 2:30PM (NEELY)

August 15th - Birthday
Celebration with Bruce at
2:30PM (NEELY)

August 16th - Diner's Club:
Greek Food at 12PM (NEELY)

August 18th - Talent Show
with International Youth
Centre at 2:00PM (NEELY)

August 31st - Summer Music
with Emilio at 10:30AM
(NEELY)

IN THIS ISSUE

PAGE 2 - ED'S CORNER

PAGE 3 - FAMILY COUNCIL

PAGE 4 - RESIDENT
SERVICE COORDINATOR
UPDATE

PAGE 5 - FOUNDATION
UPDATE

PAGE 6 - EMPLOYEE
RECOGNITION & UPDATE

PAGE 7 - NURSING
UPDATE

PAGE 8 & 9 - INSIDE
MARKHAVEN RECREATION

PAGE 10 - PHONE
DIRECTORY & SPIRITUAL
READING

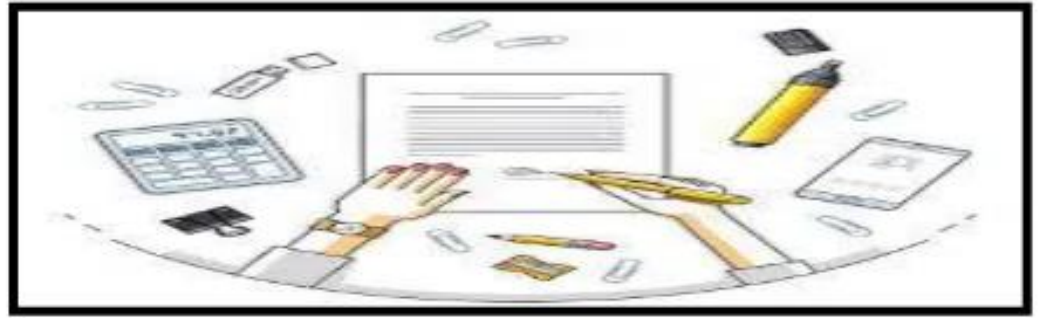


Markhaven Home for Seniors
54 Parkway Ave, Markham,
ON L3P 2G4
Tel: 905-294-2233



ED'S CORNER

EXECUTIVE DIRECTOR REPORT



**I trust everyone is enjoying their summer.
We have had a lot going on around Markhaven this past month.**

As many of you may have seen in my communication, we are saying goodbye to Marquise (Compass), who have supported our culinary department for many years and are welcoming a new company, Sodexo. Sodexo has a large portfolio, and we are very excited about this new partnership. The culinary staff are employees of Markhaven so there will be no change in staffing, except for Kristina Grant, who is the Culinary Manager. Kristina is an employee of Marquise and therefore will be moving to another Long-Term Care facility. This change will take place on August 1st, 2023. We have enjoyed working with Kristina this past year and wish her well in her new home.

With the changeover from Marquise to Sodexo, there will be a different way that we take orders from the residents so that a more efficient service can be provided in the dining rooms. This will also eliminate the waste of food that is currently happening.

Once Sodexo gets settled family members will be able to pre-book and purchase a meal ticket so they can enjoy having a meal with their loved ones.

We are happy to announce that Andrea Barco Ramirez who is currently a housekeeper on 2 South, has been awarded the Recreation position on 2 North. Andrea has a great deal of experience and education including a psychology degree. Please join us in congratulating Andrea on her new role.

We have hired a BSO staff member (Behaviour Support) Sirena Riley who was previously a PSW on 1 South. Sirena will be working to help manage responsive behaviours that some residents deal with. Sirena's office is on 1 North where John Sarcilla's office was. John's office has now moved to 2 south.

We would like to thank Jeff Lang and his wife Sonya for donating and planting some beautiful flowers around our gardens. Jeff and Sonya have been dedicated yearly to helping with the gardens and we appreciate their contributions.

Markhaven Family Council

- August 2023 Newsletter -

Markhaven Family Council Contact Info:

markhavenfamilycouncil@gmail.com



WHO ARE WE?

Family Council welcomes all family members and friends of current and former Markhaven residents. The best advocates for residents are their family members and friends.

WHAT DO WE DO?

The role of the Family Council is to:

- support residents and family members
- provide advocacy
- provide education
- provide ways to problem-solve

The focus of the Family Council is on resident care and resident needs.

Everyone on the Family Council email list receives important information about LTC in the media, current Ministry updates and all communication sent out by the Markhaven office. Attendance at meetings is strongly recommended, but not required to be on the Family Council email list. 😊

FAMILY COUNCIL EXECUTIVE

Marg Calver – Chair
mwcalver@gmail.com

Shane Taylor – Vice Chair
shanetaylor18@gmail.com

Treasurer – CURRENTLY VACANT

Interested? Email Us! markhavenfamilycouncil@gmail.com

Linda McLean – Secretary
logicallylinda50@gmail.com



Special Guest Speaker

The Family Council held a virtual meeting on June 22nd, 2023. The guest speaker was John Sarcilla, Recreation Manager at Markhaven.

To obtain a copy of the recording, please email us!

Next Meeting

The next Family Council meeting will take place on Thursday, September 21st, 2023 @ 7:00pm via ZOOM.

The Family Council Executive would like to wish ALL our Residents and Families a wonderful summer!



VACANT EXECUTIVE POSITION!!!

The Family Council is looking for a Treasurer! If you are interested in filling the position, please contact us today!

markhavenfamilycouncil@gmail.com

From the desk of Christine Mills, Resident Services Coordinator

Residents' Bill of Rights

In order to raise awareness of the Resident Bill of Rights, each month a number of rights will be shared in the newsletter.

The Ontario Residents' Bill of Rights is embedded in our provincial legislation, **Fixing Long-Term Care Act** (FLTCA), 2021, and accompanying Regulations (O. Reg. 246/22). There are 29 rights that are divided into 5 sections. If you think the rights are not being followed, contact the Home directly to speak with a member of the management team.

Section 1

RIGHT TO BE TREATED WITH RESPECT

1. Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's inherent dignity, worth and individuality, regardless of their race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability.
2. Every resident has the right to have their lifestyle and choices respected.
3. Every resident has the right to have their participation in decision-making respected

THE DENTIST IS COMING!!

ON-SITE DENTAL DIRECT WILL BE ON-SITE AT

Markhaven



On Wed., Sept. 6th 2023

Please call their office directly to book an appointment at: **437-887-1134** or email them at: admin@onsitedentaldirect.com



LAST CHANCE FOR EARLY BIRD TICKETS

\$90 Early Bird Tickets Selling Fast Until August 31

(\$100 Regular Tickets After August 31)

Purchase Tickets/Donate Online or from Markhaven Foundation Office

- Purchase or Donate Online
- Phone Laurie at (905) 201-3375
- Email laurie.mcclelland@markhaven.ca
- Use purchase/donate link at www.markhaven.ca
- Ask in our Foundation Office or Main Office
- Please Consider a Donation to help

MARKHAVEN FUNDRAISING HELPS OUR RESIDENTS

- | | | |
|-------------------------------|-------------------------------------|-------------------------------|
| • Nursery Therapy Room | • Smart TV's & Mobile Stands | • Palliative Care Carts |
| • Transfer Lifts & Slings | • iPads, iPods & Spotify Music | • Garden Supplies & Upgrades |
| • Mobile Blood Pressure Units | • Interactive Hallway Murals | • Activity Boards & Games* |
| • Beds/Therapeutic Mattresses | • Tactile Activities & Art Supplies | • Aquariums & Activity Tables |
| • Touchless Hand Sanitizers | • Overbed Resident Tray Tables | • Facility Upgrades |
| • AED Defibrillator* | • 4K Home Theatre Projector* | • So much more |

* More & New Coming Soon in 2023/2024

MARKHAVEN COLOURS OF AUTUMN 2023

- | | |
|---|---|
| • Fashion Show & 24 Boutique Vendors | • Wednesday, October 18, 2023 |
| • Door & Raffle Prizes and Silent Auction | • Crystal Fountain, 60 McDowell Gate, Markham |
| • MC Teresa Kruze / Markham Firefighters | • 10:00am Boutiques; 12:30pm Lunch & Fashions |

THANK YOU FROM THE BOTTOM OF OUR HEARTS!

EMPLOYEE RECOGNITION



We are delighted to congratulate Hong Yi Mao for being selected Employee of the Month for the month of July an outstanding individual who consistently goes above and beyond to provide compassionate and high-quality care. Her dedication, empathy, and exceptional skills makes her a valuable asset to the team and a source of inspiration for their colleagues.

Markhaven Family



Please extend a warm welcome to our new hire:

**Sukhpreet Kaur (Recreation)
Omar Schuler (Maintenance)
Andrea Barco Ramirez (Recreation)**

Nursing Update

Director of Care Update

Nursing Department Update:

- The next schedule for footcare nurse is as follow.
August 3, 9, & 21

- Just a gentle reminder to clear items from the top of resident cupboard as this presents a safety risk staff reaching or items falling on residents or staff. This was an issue raised in our last quarterly Health and Safety Meeting.

- Another issue identified is the cluttering of items on residents floors; this presents a challenge with cleaning the floors thoroughly in some cases, also reduce space for resident moving around in their room. If there are items not in use, (i.e. boxes with stored items) a suggestion is to remove it from the room.

- Finally, thanks to all families for their consistent support throughout the last months.



Infection Prevention & Control Updates



Re: COVID-19 Vaccine Boosters

The Ministry of Health has recommended that as of July 7th, 2023, further doses of COVID-19 Booster dose should be delayed until the fall. This is to ensure residents will meet the expected 6-month recommended interval from their last dose by fall. Receiving booster dose in the fall, heading into the respiratory illness season, will maximize protection against COVID-19 and related ill effects when peak circulation of the virus is expected.

Communication and request for consents will be sent out to residents and families ahead of any planned vaccination clinic.

For further information regarding COVID-19 vaccines, please visit York Region Health Department COVID-19 Vaccine site at www.york.ca/COVID19Vaccine.

Inside Markhaven RECREATION

BIRTHDAY CELEBRATION!

We celebrated our July celebrants with the performance of Kelly Davies! Truly entertaining & Happy Birthday July Celebrants!



"Lola's Visits"

Hugs, kisses, snuggles and smiles!



THANK YOU!



We extend our heartfelt gratitude to Jeff and Sonya for their exceptional dedication in maintaining and enriching our garden, infusing it with a stunning array of vibrant colors! Their unwavering contributions year after year have been invaluable, and we cannot express our appreciation enough. Thank you, Jeff and Sonya, for your outstanding efforts!



On Canada Day we celebrated with the talented Rosita Stone! She brought such an amazing performance of choice of music, dance and her beautiful dog! Thank you Rosita for celebrating Canada Day with us!



Inside Markhaven RECREATION

ANNOUNCEMENT - UPCOMING EVENTS FOR THE MONTH OF AUGUST



UPCOMING SEPTEMBER EVENT - MARKHAM STOUFFVILLE CRUISERS CAR CLUB



ACTIVITY HIGHLIGHTS

Highlighted programs and activities that cater to the unique interests and needs of our residents.



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SPIRITUAL READING



Prayer of St. Francis

Lord, make me a channel of thy
peace,
that where there is hatred, I may
bring love;
that where there is wrong,
I may bring the spirit of
forgiveness;
that where there is discord, I may
bring harmony;
that where there is error, I may
bring truth;
that where there is doubt, I may
bring faith;
that where there is despair, I may
bring hope;
that where there are shadows, I
may bring light;
that where there is sadness, I may
bring joy.
Lord, grant that I may seek rather
to
comfort than to be comforted;
to understand, than to be
understood;
to love, than to be loved.
For it is by self-forgetting that one
finds.
It is by forgiving that one is
forgiven.
It is by dying that one awakens to
Eternal Life.

Reference: EWTN. (2023). Retrieved July 4, 2023, from
<https://www.ewtn.com/catholicism/devotions/prayer-of-st-francis-837>