

















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:45 Calendar Visits (RR) 1 10:30 BINGO (Neely)  2:30 Blessed Frederic Ozanan Catholic Mass (Neely) <small>New Year's Day</small>	1:00 Friendly Visits (RR) 2 1:30 Reading Time (RR) 2:30 Physical Games (AR) 6:30 Finish the Lyrics (Neely)	10:30 Seated Exercise (AR) 3 11:00 Chicken Soup for the Soul (AR) 2:30 Elimination Card Games (AR)	10:30 Words in Word (Neely) 4 2:30 New Year Themed Coloring Club (AR)
10:30 Hymn Sing (Neely) 5 2:30 Card Games and Table Talk (AR)	10:30 Exercise Club (AR) 6 11:00 Spiritual Daily Bread Reading and Discussion (AR) 2:30 BINGO (Neely) 	10:30 Markham Yoga (Neely) 7 11:00 Pet Therapy with Lola (RR) 2:30 Sensory Stimulation and Aromatherapy (TV) 6:30 Wine and Cheese with Entertainment (Neely)	10:30 BINGO (Neely) 8  2:30 Expressive Arts and Craft (Neely) 	1:00 1:1 Visits (RR) 9 1:30 Indoor Strolls (Hallway) 2:30 Spiritual with Captain Farr (Neely) 6:30 Comedy Time with Hot Cocoa (Neely)	10:30 Exercise Time (AR) 10 11:00 Sing Along (AR) 2:30 Balloon Toss (AR)	10:30 Crossword (Neely) 11 2:30 Aromatherapy (TV) 3:00 Warm Hands (AR)
10:30 Worship Video from Joel Osteen (Neely) 12 2:30 Indoor Strolls (Hallway) 3:00 Spiritual Daily Bread Reading and Discussion (RR)	10:30 Seated Exercise (AR) 13 11:00 Categorizing Games (AR) 2:30 BINGO (Neely) 	10:30 Gentle Stretch and Relaxation Music (AR) 14 11:00 Memory Moments (AR) 12:00 Diner's Club – KFC (Neely) 2:15 Movie Time (TV) 6:00 YouTube: Muhammad Ali's 50th Birthday Celebration (Neely)	10:30am Birthday Party with Emilio (Neely) 15 2:30 Manicure and Comedy Time with Mr.Bean (TV) 	10:30 Asian Culture Club (Neely) 16 1:00 1:1 Visits (RR) 1:30 Walking and Strolling (Hallway) 2:30 Bible Study with Captain Farr (Neely) 6:30 Music Bingo (Neely)	10:30am Spiritual Gathering with Angeline and Polly (Neely) 17 2:00 Friday Movie Matinee- Mamma Mia (Neely) 	10:30 Words in Word (Neely) 18 2:30 Ball Toss (AR) 3:00 Laughing Corner (TV)
10:30 Hymn Sing (Neely) 19 2:30 Manicure and Aromatherapy (TV) 3:15 Residents' Choice <small>Activity Professionals Week</small>	10:30 Horticultural Program - Herbal Soap Making Workshop (Neely) 20 2:30 BINGO (Neely)  <small>Martin Luther King Jr. Day</small>	10:30 Markham Yoga (Neely) 21 11:00 Pet Therapy with Lola (RR) 2:30 Food Committee and Resident Council (Neely) 2:45 1:1 Activities (RR) 6:30 Which transport is faster competition (Neely)	10:30 BINGO (Neely) 22  2:30 BOXING FUN with FMB (Neely) 2:45 Stroll and Explore (Hallway)	1:00 Stroll and Explore (Hallway) 23 1:30 Friendly Visits (RR) 2:30 Spiritual 1:1 Visits with Captain Farr (Neely) 6:30 Memory Lane Storytelling (Neely)	10:30 Exercise Club (AR) 24 11:00 Sing Along (AR) 2:30 Piano Hymn Sing Worship w/Pricilla (Neely) 	10:30 Jeopardy (Neely) 25  2:30 Robbie Burns Celebration with Entertainment (Neely) 
10:30 Hymn Sing (AR) 26 2:15 Friendly Visits (RR) 3:00 Markham Bible Church (Neely)  <small>Australia Day (Observed)</small>	10:30 Exercise Time (AR) 27 11:00 Word games (AR) 2:30 BINGO (Neely) 	10:30 Gentle Stretch and Relaxation (AR) 28 11:00 Spiritual Reading (AR) 2:30 Memory Games and Puzzles (AR) 6:30 Drum Circle and Musical Trivia (Neely)	10:30 BINGO (Neely) 29  2:30 Chinese New Year Gala Show with Assorted Snacks (Neely)  <small>Chinese New Year (Year of the Snake)</small>	10:30 Asian Culture Club (Neely) 30 1:00 1:1 Activities (RR) 2:30 Hymn Sing with Captain Farr (Neely) 6:30 Table Games (Neely)	10:00 Young at Heart Painting (Neely) 31 2:30 Strolling through the Memories and Tea Social (AR)	

Recreation Staff: Sukhpreet/ Mariyan

Legend: Neely Auditorium (Neely) Activity Room (AR) Television Room (TV) Resident Room (RR)