


















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Calendar Visit (RR) 1 10:30 BINGO (Neely)  2:30 Catholic Mass (Neely) <small>New Year's Day</small>	1:30 Snoezelen Time with the Northern Lights (AR) 2 2:30 Flex & Stretch (AR) 3:15 Fun with Babys 6:30 Finish the Lyrics (Neely)	10:30 Group Exercises (AR) 3 11:15 Clean & Sweep (AR) 2:30 New Year Tea Social (1N) 	10:30 Words in World (Neely) 4 11:00 Trivia Time (AR) 2:30 Ball Toss (NS) 3:00 Coloring Club (AR)
10:30 Hymn Sing (Neely) 5 11:30 Table Games (AR) 2:30 Name, Place, Things & Animals (AR) 3:00 Balloon Badminton (NS)	10:30 Group Exercises (AR) 6 11:15 Gentle Touch & Relaxation (AR) 2:30 BINGO (Neely) 	10:30 Markham Yoga (Neely) 7 2:30 Manicure & Comedy Time (AR) 3:30 Friendly Visits 1:1 (AR) 6:30 Wine and cheese Elvis 90 th Birthday Party (Neely)	10:30 BINGO (Neely) 8  2:30 Expressive Arts and Craft (Neely) 	1:30 Clean & Sweep (AR) 9 2:30 Spiritual with Captain Farr (Neely) 3:00 Aromatherapy & Hand Massage Moment (AR) 6:30 Comedy & Hot Cocoa (Neely)	10:30 Fun Exercises with Santta (AR) 10 11:00 Jumble Words (AR) 2:30 Words Start with A-Z (AR) 3:00 Drumm Circle (NS)	10:30 Crossword (Neely) 11 10:45 Montessori Program – Puzzles and Sorting 2:30 Indoor Music Strolls 3:15 Warm Hand Massage (AR)
10:00 Flex & Stretch (AR) 12 10:30 Worship Video from Joel Osteen (Neely) 2:30 Walkers Time: Find all the Red Squares around the building.	10:30 Exercises Time (AR) 13 11:15 Christmas Trivia (AR) 2:30 Music with Curtis (1N) 2:30 BINGO (Neely) 	10:30 Flex & Stretch (AR) 14 11:15 Ballon Toss (AR) 12:00 Diner's Club: KFC (Neely) 2:00 Movie Afternoon (AR) 6:00 YouTube: Muhammad Ali's 50th Birthday Celebration (Neely)	10:30 Birthday Party with Emilio (Neely) 15 2:30 Ladies Manicure (AR)  3:15 Friendly Visits (RR)	10:30 Asian Culture Club (Neely) 16 1:00 Virtual Reality (AR) 2:30 Bible Study with Captain Farr (Neely) 6:30 Music Bingo (Neely)	10:30am Spiritual Gathering with Angeline and Polly (Neely) 17 2:00 Movie Matinee: Mamma Mia (Neely) 2:30 Activity Games With Music (AR) 	10:30 Words in Word (Neely) 18 11:00 Fine Motor Activities (AR) 2:30 Drum Circle (NS) 3:00 Roll the Dice (NS)
10:30 Hymn Sing (Neely) 19 11:00 Dominoes (AR) 2:30 Passing the Ball (AR) 3:00 Time to Friendly Visits (RR) <small>Activity Professionals Week</small>	10:30 Belated Christmas Party with Jim Clayton (1N) 20 10:30 Horticultural Program: Herbal Soap Making Workshop (Neely) 2:30 BINGO (Neely)  <small>Martin Luther King Jr. Day</small>	10:30 Markham Yoga (Neely) 21 2:30 Food Committee and Resident Council Meeting 2:30 Balloon Toss with music (AR) 6:30 Which Transport is Faster Competition (Neely)	10:30 BINGO (Neely) 22  2:30 BOXING FUN with FMB (Neely) 2:45 Sing Along with Andrea (AR)	1:00 Clean & Sweep (AR) 23 2:30 Spiritual 1:1 Visits with Captain Farr (Neely) 2:30 Music & Mulled Wine Tasting (1N) 6:30 Memory Lane Storytelling (Neely)	10:30 Time to Exercises with Santta (AR) 24 11:00 Bean Bag Toss (NS) 2:30 Piano Hymn Sing w/Pricilia (Neely)	10:30 Jeopardy (Neely) 25  10:45 Puzzlemania (AR) 2:30 Robbie Burn Celebration with Entertainment (Neely) 
10:30 Puzzlemania (AR) 26 11:00 Indoor Strolls 3:00 Markham Bible Church (Neely)  <small>Australia Day (Observed)</small>	10:30 Music Exercises with Santta (AR) 27 11:00 Catch The Ball with Basket (AR) 2:30 BINGO (Neely) 	10:30 Colombian Coffee & Baked goods Cart (NS) 28 2:30 Reading Together (AR) 3:15 Friendly Visits (RR) 6:30 Drum Circle and Musical Trivia (Neely)	10:30 BINGO (Neely) 29  2:30 Walkers Time: Find all the STOP signs around the building. <small>Chinese New Year (Year of the Snake)</small>	10:30 Asian Culture Club (Neely) 30 1:00 Ball Toss (AR) 2:30 Hymn Sing with Captain Farr (Neely) 6:30 Table Games (Neely)	10:30 Young at Heart (Neely) 31 2:30 Breathing Exercises (AR) 3:30 Snoezelen Time with the Northern Lights (AR)	

Recreation Staff: Andrea/Santta **Legend:** Neely Auditorium (Neely) Activity Room (AR) Television Room (TV) Sun Room (SR) Nurse Station (NS)